



SUMMARY OF SERVICE CHARACTERISTIC STANDARDS FOR THE ASAM CRITERIA ADOLESCENT CLINICALLY FOCUSED AND MEDICALLY INTEGRATED–CLINICALLY FOCUSED LEVELS OF CARE

	Level 1.0Y	Level 1.5Y	Level 2.1Y	Level 2.5Y	Level 3.5Y
	Youth Long-Term Remission Monitoring	Youth Outpatient Therapy	Youth Intensive Outpatient Treatment	Youth High-Intensity Outpatient Treatment	Youth Medically Integrated–Clinically Focused Residential Treatment
Nursing Assessment	Not typical	Not typical	Not typical	Not typical	Variable ^{††}
Treatment Plan	Recovery management plan developed at the first session	Within the first 3 visits	Within 5 business days of admission	Within 5 business days of admission	Within 72 hours of admission
Formal Reassessment	At least quarterly recovery management checkups (RMCs)	At least quarterly	At least monthly	At least monthly	At least monthly
Clinical Services	Recovery and remission management services	Direct psychosocial services for SUD and mental health Family services ^{††} Able to coordinate psychiatric services as needed Treatment as prevention	Direct psychosocial services for SUD and mental health Therapeutic milieu Family services ^{††} Coordinated psychiatric services Treatment as prevention	Direct psychosocial services for SUD and mental health Therapeutic milieu Family services ^{††} Direct psychiatric services	Direct psychosocial services for SUD and mental health High-intensity therapeutic milieu Family services ^{††} Direct psychiatric services
Clinical Service Hours	Quarterly services at minimum	<6 hours per week Typically 1-2 hours per week	6-19 hours per week Structured services at least 2 days per week	≥20 hours per week Structured services at least 5 days per week	≥20 hours per week Structured services 7 days a week
Recovery Support Services (RSS)	Yes, including RMCs	Variable [†]	Yes [†]	Yes [†]	Yes

* A medical director can serve multiple programs.

† Directly or through formal affiliation.

‡ Psychiatric specialty expertise includes psychiatrists and advanced practice providers with specialty psychiatric certification. Addiction specialty expertise includes physicians who are board certified in addiction medicine or addiction psychiatry.

§ May be the responsible clinician in an independent practice.

** The psychiatric specialist will consider if a physical exam is needed and, if so, in what time frame. They will take into account current biomedical signs and symptoms, recent risky behaviors, and how recently the patient has had a physical exam.

†† Medical clearance or nursing assessment may be required by state law at or before admission, including for medication reconciliation.

** Family services include parent skills training, family therapy, and informal family-oriented recovery support (eg, family resource centers, peer and mutual support for family, faith-based support services).



**SUMMARY OF SERVICE CHARACTERISTIC STANDARDS FOR
THE ASAM CRITERIA ADOLESCENT MEDICALLY FOCUSED LEVELS OF CARE**

	Level 1.7Y	Level 2.7Y	Level 3.7Y	Level 4Y
	Youth Medically Focused Outpatient Treatment	Youth Medically Focused Intensive Outpatient Treatment	Youth Medically Focused Residential Treatment	Youth Inpatient Treatment
Medical Director	Yes*	Yes	Yes	Yes
Physicians and Advanced Practice Providers	Yes	Available on-site or via telemedicine during program hours of operation	Available on-site or via telemedicine 24/7	Typically available on-site 24/7
Nursing	Variable	Yes (extended nurse monitoring)	Yes (24/7)	Yes (24/7)
Program Director	Variable	Yes†	Yes†	Variable
Allied Health Staff	Variable	Typically available	Yes†	Variable
Physical Exam	Typically at initial assessment	Within 24-48 hours of initial assessment	Within 24 hours of admission	Within 24 hours of admission
Nursing Assessment	Variable	At admission	At admission	At admission
Clinical Services	Direct withdrawal management and biomedical services Management of common psychiatric disorders Psychosocial services†	Direct withdrawal management and biomedical services with extended nurse monitoring Management of common psychiatric disorders Psychosocial services†	Direct withdrawal management and biomedical services with 24/7 nurse monitoring Management of common psychiatric disorders Psychosocial services†	Direct withdrawal management and biomedical services (ICU available) Management of common psychiatric disorders Psychosocial services†
Clinical Service Hours	<6 hours per week	≥20 hours per week†	≥20 hours per week†	Variable
Recovery Support Services (RSS)	Yes†	Yes†	Yes†	Yes†

* This may be the responsible clinician in an independent practice.

† Directly or through formal affiliation.

‡ Clinical service hours can include medical services, including nurse monitoring, as well as psychosocial services. Patients who are too acutely ill to participate in psychosocial services should be excused from participation. Nurse monitoring may include passive monitoring with structured check-ins at least once per hour performed by appropriately licensed medical professionals using validated instruments. Check-ins may be telephonic when appropriate.