



# ASAM Daily News

American Society of Addiction Medicine's 36th Annual Medical-Scientific Conference

Dallas, Texas • April 14-17, 2005

## Lawrence S. Brown, Jr., M.D., M.P.H., FASAM ASAM President, 2002-2005

Welcome to ASAM's 36th Annual Medical-Scientific Conference! We are happy you have chosen to join nearly a thousand of your colleagues here in Dallas for a very full four days of scientific, clinical, policy, and social presentations and events.

For me, this conference marks both a beginning and an end. We have a new beginning as ASAM installs a new slate of officers during the annual Business Meeting, Friday morning at 7:30 a.m. At that time, Dr. Elizabeth Howell will assume the Presidency for the period 2005–2007.

For me personally, the Med-Sci marks the end of my term as your President. As many of you know, I assumed the Presidency of ASAM a year and a half before originally planned, making my term the longest of any sitting President since ASAM's founding President, Dr. Ruth Fox.

This biennial renewal is vital to the Society, because it provides an opportunity for new ideas and new and revitalized energies. For the Society to remain relevant to addiction medicine, its members, and—most importantly—our patients with substance use disorders, it is critical that there be a continuous and uninterrupted process for the development and engagement of new leaders.

Let me now offer some observations and recommendations to those who are just beginning their journey. First, the Society needs to enhance its focus on the next generation of ASAM leaders and attract more members who are earlier in their addiction medicine careers. This will require retooling some of ASAM's products and reconsidering the structure of ASAM's annual meeting.

(continued on page 4)



Dr. Lawrence S. Brown, Jr.



Photo credit: Dallas Convention & Visitors Bureau

## A Message from the Presidents ASAM's Mission—The Past as Prologue

Lawrence S. Brown, Jr., M.D., M.P.H., FASAM,  
and Elizabeth F. Howell, M.D., FASAM

We are gathered here in Dallas for ASAM's 36th Annual Medical-Scientific Conference, where we are charting a course for ASAM's future. As we do so, there is immense value in recognizing the path we have traveled to arrive at our current position as a society.

Today, ASAM is a vibrant national organization of more than 3,000 members—physicians who are dedicated to the belief that the treatment of addiction should be granted parity with the treatment of any other chronic medical disorder, that all physicians should receive education in addiction medicine, and that physicians who wish should be trained and board-certified in addiction medicine.

Yet in 1954, when our colleagues organized as the New York Medical Society on Alcoholism and held their first scientific meeting, fewer than 25 persons registered. At this year's ASAM Medical-Scientific Conference, we expect close to 1,000 registrants.

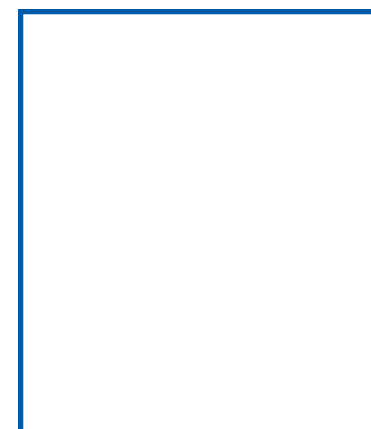
In 1954, there was no textbook of addiction medicine. In 2003, ASAM published the Third Edition of its *Principles of Addiction Medicine*, which in 1,600 pages reflects the vast body of scientific knowledge in this field.

In 1954, there were no national guidelines for determining the need for treatment and the appropriate level of care. Today, the *ASAM Patient Placement Criteria* are required or recommended by many states and by an increasing number of managed care organizations.

In 1954, there were no practice guidelines. Today, ASAM has published three guidelines in *JAMA*, with two more nearing completion.

None of these accomplishments came easily. Each required the concerted effort of many dedicated individuals. But the results of their struggles have improved the lives of countless patients and their families. So too will our efforts to overcome the challenges that confront us today.

(continued on page 2)



Dr. Elizabeth F. Howell

## Annual Awards Gala

*The ASAM Annual Awards will be presented at a luncheon gala on Saturday, April 16 at 12:15. Each year, ASAM honors a distinguished group of individuals who have made outstanding contributions to the field of Addiction Medicine and to the Society itself. Our 2005 awards will be presented to the following outstanding leaders in addiction medicine:*

The **2005 R. Brinkley Smithers Distinguished Scientist Award** goes to Herbert D. Kleber, M.D., researcher, educator, and former Deputy Director of the White House Office of National Drug Control Policy. The award will be presented at the Opening Plenary Session at 9:00 a.m. Friday, April 15<sup>th</sup>. Dr. Kleber will deliver the award lecture at that time.

The **John P. McGovern Award on Addiction and Society** will be given to Congressman James Ramstad. The McGovern Award was established in 1997 to recognize and honor an individual who has made "highly meritorious contributions to public policy, treatment, research, or prevention which has increased our understanding of the relationship of addiction and society." The award is sponsored by an endowment from the John P. McGovern Foundation.

An **ASAM Annual Award** for "expanding the frontiers of the field of Addiction Medicine and broadening our understanding of the addiction process through research and innovation" will be presented to ASAM member Walter Ling, M.D.

(continued on page 5)

## ASAM's Mission—The Past as Prologue

*continued from page 1*

### *Into the New Century*

As we move into the 21st century, ASAM has established itself as the preeminent organization for physicians specializing in addiction medicine. Under the direction of retired ASAM EVP James F. Callahan, D.P.A., ASAM has created a State Medical Specialty Society (SMSS) Program to help the state chapters become self-supporting, fully functioning state medical specialty societies. With this network, ASAM has become a national voice for the interests of addiction specialists and the patients in their care.

ASAM certification has become a widely recognized credential for addiction specialists. To date, ASAM has certified more than 3,500 physicians in addiction medicine, and recertified another 300. (The Canadian Society of Addiction Medicine has certified an additional 35 physicians.)

ASAM is influencing the delivery of addiction treatment in multiple ways. For instance, the Department of Defense has adopted ASAM's *Patient Placement Criteria*, as have the alcohol and drug treatment agencies in more than 20 states. ASAM's practice guidelines have been published in the *Journal of the American Medical Association*, and the ASAM web site, launched through the tireless efforts of William Hawthorne, M.D., FASAM, has won awards for its design and contents and attracted more than 50,000 visitors. The Society also continues to publish its quarterly *Journal of Addictive Diseases* under the editorship of Barry Stimmel, M.D., FASAM, and the bimonthly *ASAM News* under the editorship of Bonnie B. Wilford, M.S.

The third edition of ASAM's flagship publication, *Principles of Addiction Medicine*, was published in 2003 to wide acclaim. A review in the *Journal of the American Medical Association* called the text "detailed, practical, and clearly written" and "an essential resource."

Public policy remains a key ASAM activity. In recent years, ASAM's Legislative Days have become a successful venue for ASAM's members to visit with their congressional representatives and to share their knowledge about addiction and its treatment. In this regard, ASAM's relationship with the American Medical Association continues to be productive. Stuart Gitlow, M.D., and Lloyd Gordon III, M.D., FASAM, ably represent the Society in the AMA House of Delegates. With the collaboration of ASAM President-Elect Michael M. Miller, M.D., FAPA, FASAM, who represents the Wisconsin Medical Society in the AMA House but works closely with the ASAM delegation, Dr. Gitlow and Dr. Gordon have had a hand in all AMA reports and policy statements, including groundbreaking initiatives on alcohol, nicotine, and other addictive agents.

Internally, ASAM's Board has taken major steps to realign its governance structure to conform to the Strategic Plan, under the leadership of Louis Baxter, Sr., M.D., FASAM, Region IV Director, Board member, and Chair of the Constitution & Bylaws Council. For example, each committee associated with an ASAM product or activity is now required to submit standard operating procedures for approval by the Board. In

## NIAAA Hosts Symposium on Adolescent Alcohol Problems

A day-long symposium on "Translating Science to Practice for the Treatment of Adolescents with Alcohol Problems" will be held Friday from 10:30 am to 12:30 pm and then from 2:30 pm to 6:00 pm. The Symposium is jointly sponsored by ASAM and the National Institute on Alcohol Abuse and Alcoholism (NIAAA).

Sandra Brown, Ph.D., and Duncan B. Clark, M.D., will commence the symposium by reviewing the rationale, epidemiology, and goals of the NIAAA's Underage Drinking Initiative.

Ronald E. Dahl, M.D., and Mark S. Goldman, Ph.D., will then summarize the proliferating research on the neurobiochemical changes occurring in adolescence and how these processes are disrupted by alcohol use. They will also discuss issues related to the use of DSM-IV criteria to identify youth who require treatment and how practitioners can learn to identify potential points of intervention earlier in the alcohol disorder trajectory.

Christopher S. Martin, Ph.D., and Howard Moss, M.D., will conclude the symposium by reviewing interventions for adolescent drinking that employ both behavioral and pharmacologic tools. (Each presentation will be followed by a discussion period.)

this way, the Board—the elected governance vehicle of the society, responsible for meeting member needs—can ensure that the organization's activities reflect the interests of its members. For example, the Policy Plenary during the Med-Sci Conference and the SAMHSA-sponsored buprenorphine mentoring program are new ventures the Society has undertaken in direct response to members' expressed needs.

To help us sustain these accomplishments, ASAM has recruited an intelligent, well-trained and dedicated cadre of staff and consultants, led by our Executive Vice President & CEO, Eileen McGrath, J.D. However, it is equally true that none of the accomplishments would have been possible without a vibrant and engaged membership.

In this regard, we salute you, the ASAM members. At the same time, we invite you to continue to contribute ideas, suggestions, and efforts. While these victories of products and services are owed to the members, they also represent obligations of membership. For it is the responsibility of members to guide ASAM, to monitor its progress, to constructively criticize ASAM's efforts, and to constantly demand more of the Society. It is only with such active, vocal, and participatory membership that ASAM can fully achieve its potential. ■

# New President and Officers to Take Office

*The following Officers and Regional Directors will be installed during ASAM's Annual Business Meeting and Breakfast, which will start at 6:45 am on Friday, April 15<sup>th</sup>.*

## President

### Elizabeth F. Howell, M.D., FASAM

Elizabeth F. Howell, M.D., FASAM, has been Medical Director of Metro Atlanta Recovery Residences, Inc., in Atlanta, Georgia; Clinical Assistant Professor in the Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine; engaged in part-time private practice of General Psychiatry, Addiction Medicine and Addiction Psychiatry; and a part-time consultant with private and public programs and agencies throughout the U.S.

Dr. Howell was State Alcohol and Drug Abuse Director for the Georgia Department of Human Resources from July 1997 through December 1999; Medical Director of Atlanta West Intake and Treatment Center (outpatient methadone maintenance and drug-free treatment program); Director of the Addictive Disorders Unit inpatient services at Emory University Hospital; Instructor in Psychiatry, Medical University of South Carolina and Assistant Medical Director of Fenwick Hall Hospital, Charleston.

She is a founding member, Secretary-Treasurer (1989-1991), and President (1991-1993) of the Georgia Society of Addiction Medicine. Dr. Howell has been a member of ASAM since 1985; a member of the Certification Council; the Fellowship Committee; the Constitution & Bylaws, Nominating & Awards, and Examination Committees; a member of the Editorial Board for *Principles of Addiction Medicine*; Chair of the Communications Section and Publications Committee; Deputy Co-Chair of the Strategic Planning Task Force; and ASAM Treasurer.

Dr. Howell is a Fellow of the American Psychiatric Association, a past President of the Georgia Psychiatric Physicians Association, 2000-2001; a member of AMA, APA, AAAP, Georgia Association for the Prevention and Treatment of Substance Abuse; Board member, Mission New Hope community substance abuse coalition.

She was board-certified in Psychiatry in 1985 and earned a CAQ in Addiction Psychiatry in 1993. She was certified by ASAM in 1986, recertified in 1996, and elected a Fellow of ASAM.

## President-Elect

### Michael M. Miller, M.D., FASAM

Since 1989, Dr. Michael Miller has been Medical Director of NewStart, the alcohol and drug treatment program of Meriter Hospital, a large non-profit community hospital in Madison, Wisconsin. From 1996-2001, he also worked in hospital administration for Meriter as Program Director for Behavioral Services. A graduate of Tulane Medical School, Dr. Miller now is an Associate Clinical Professor in three departments at the University of Wisconsin Medical School.

Dr. Miller has served on many ASAM task forces, chaired committees on Reimbursement, Managed Care, and Quality Improvement, and was founding President of the Wisconsin Society of Addiction Medicine (WisSAM). From 1999 to 2003, he was Secretary of ASAM's Board. He has been a faculty member at Med-Sci, the Ruth Fox Course, the State of the Art Course, the Review Course, and the Buprenorphine Training Courses, and has authored chapters for *Principles of Addiction Medicine*. He was also a member of the Work Group for the Second Edition of the *ASAM Patient Placement Criteria*. Dr. Miller was certified by ASAM in 1986 and recertified in 1994 and 2004.

In addition to ASAM, Dr. Miller is a member of the American Medical Association, the American Psychiatric Association, the American Academy of Addiction Psychiatry, and the Association for Medical Education and Research in Substance Abuse. He is active in the Wisconsin Medical Society, the Wisconsin Psychiatric Association, and the Wisconsin Society of Addiction Medicine, and is President of the Dane County Medical Society. Named by ASAM, the National Association of Addiction Treatment Providers, and the National Association of Alcohol and Drug Abuse Counselors to the Joint Commission on Accreditation of Healthcare Organizations, he was elected to chair JCAHO's Hospital



Accreditation Program PTAC (1998). His honors include being elected a Fellow of ASAM (1997), an APA Fellow (2004), and the 2001 Citizen of the Year of the Wisconsin Association on Alcohol and Other Drug Abuse (WAAODA).

## Secretary

### A. Kenison Roy III, M.D., FASAM

Dr. Ken Roy joined ASAM in 1984 and was certified in 1986. He has worked to develop addiction treatment programs at several New Orleans area hospitals, as well as an outpatient and residential private sector agency. In December 1994, Dr. Roy completed a residency program in psychiatry at Tulane University School of Medicine. He is certified by the American Board of Psychiatry and Neurology and holds the academic rank of Clinical Assistant Professor. While he admits patients to two area hospitals, maintains a private psychiatric practice, teaches medical students, sits on the Board of Certification for Substance Abuse Counselors, and works with organized medicine, Dr. Roy's primary focus is Addiction Recovery Resources of New Orleans, a non-profit agency that provides ambulatory detoxification, intensive outpatient and residential addiction, and Dual Diagnosis services in the private sector.

Dr. Roy was first elected to the ASAM Board of Directors in 1988 and was re-elected in 1992, 1998 and 2002. In April 1997, he was elected a Fellow of ASAM. He has served on the Review Course Committee and chaired the Membership Committee. He is currently active in the State Medical Specialty Society (SMSS) program.

## Treasurer

### Donald J. Kurth, M.D., FASAM

Dr. Donald Kurth began his career as Medical Director of a busy southern California emergency department. He helped to develop the Trauma Center System in Los Angeles and opened his own urgent care center, with more than 50 employees and an annual budget of several million dollars. Later, he founded and developed his own IPA for managed care contracting purposes. In 1993, he received the Small Business Person of the Year Award from the U.S. Small Business Administration. During that period, he also served as a physician volunteer for the Flying Samaritans (who provide free medical care in impoverished areas in Baja, Mexico) and founded the Free Pediatric Immunization Clinic in his hometown.

Dr. Kurth joined ASAM in 1995. Soon after, he joined the faculty at Loma Linda University, where he now serves as Associate Professor of Psychiatry. In 1997, he became ASAM-certified and was promoted to Chief of Addiction Medicine at the university. He currently serves as Medical Director of the 18-bed inpatient Chemical Dependency Unit and of a large outpatient program at Loma Linda's Behavioral Medicine Center. ■

## Regional Directors and Alternates

### Regional Director/Alternate:

#### Region I - New York

Marc Galanter, M.D., FASAM, New York, NY - Regional Director  
Edwin A. Salsitz, M.D., FASAM, New York, NY - Regional Alternate

#### Region II - California

Peter Banys, M.D., San Francisco, CA - Regional Director  
Lori D. Karan, M.D., FASAM, Burlingame, CA - Regional Alternate

#### Region III - CT, ME, MA, NH, RI, VT

John P. Femino, M.D., FASAM, North Kingstown, RI - Regional Director  
Mark L. Kraus, M.D., FASAM, Waterbury, CT - Regional Alternate

#### Region IV - NJ, OH, PA

Louis E. Baxter, Sr., M.D., FASAM, Lawrenceville, NJ - Regional Director  
Trusandra E. Taylor, M.D., Philadelphia, PA - Regional Alternate

#### Region V - DE, DC, GA, MD, NC, SC, VA, WV

Martha J. Wunsch, M.D., Blacksburg, VA - Regional Director  
Timothy L. Fischer, D.O., St. Matthews, SC - Regional Alternate

#### Region VI - IL, IA, IN, MI, MN, WI

Thomas L. Haynes, M.D., FASAM, Grand Rapids, MI - Regional Director  
Paul S. Board, M.D., Des Plaines, IL - Regional Alternate

#### Region VII - AR, KS, LA, MO, NE, OK, TX

Howard C. Wetsman, M.D., New Orleans, LA - Regional Director  
John P. Epling, Jr., M.D., Shreveport, LA - Regional Alternate

#### Region VIII - AK, AZ, CO, HI, ID, MT, ND, NV, NM, OR, SD, UT, WA, WY

Marvin Seppala, M.D., Newberg, OR - Regional Director  
Berton J. Toews, M.D., FASAM, Casper, WY - Regional Alternate

#### Region IX - Canada & International

Raju Hajela, M.D., M.P.H., FASAM, Kingston, Ont., CAN - Regional Director  
Joao C. Dias da Silva, M.D., Rio de Janeiro, Brazil - Regional Alternate

#### Region X - AL, FL, KY, MS, PR, TN, VI

C. Chapman Sledge, M.D., FASAM, Hattiesburg, MS - Regional Director  
Jeffrey D. Kamlet, M.D., Miami, FL - Regional Alternate

## EXHIBITORS

Addiction Recovery Program-University of Alabama at Birmingham  
 Addiction Recovery Resources of New Orleans  
 Al-Anon Family Groups Headquarters, Inc.  
 Alcoholics Anonymous  
 American Society of Addiction Medicine (ASAM)  
 ASAM  
 Amity Foundation  
 Bayside Marin  
 Betty Ford Center  
 Boston University Medical Center  
 Caron Foundation  
 Cephalon, Inc.  
 Clinical Tools, Inc.  
 CMHC Systems  
 COPAC, Inc.  
 Council on Substance Abuse - NCADD  
 CRC Health Group  
 Edgewood  
 Elsevier (Mosby/W.B. Saunders)  
 Emerging Solutions in Pain/Roi Media Group  
 Father Martin's Ashley  
 Florida Recovery Center/Shands at Vista  
 Forest Pharmaceuticals, Inc.  
 Friends Research Institute, Inc. (FRI, Inc.)  
 The Gables  
 GlaxoSmithKline Consumer Healthcare Guest House  
 Hazelden  
 Hazelden Springbrook

Hythiam  
 Key Stone Center  
 La Hacienda Treatment Center  
 Las Vegas Recovery Center  
 Ligand Pharmaceuticals  
 Lippincott Williams & Wilkins  
 Little Hill Alina Lodge  
 Mallinckrodt Pharmaceuticals  
 Manisses Communication Group  
 Marworth  
 The Meadows  
 Memorial Hermann Prevention & Recovery Center  
 Metro Atlanta Recovery Residences (MARR)  
 Mountainside  
 Narcotics Anonymous World Services  
 National Association of Drug Court Professionals  
 National Institute on Alcohol and Alcoholism  
 National Institute on Drug Abuse (NIDA)  
 NOVX Systems, Inc.  
 Palmetto Addiction Recovery Center, Inc.  
 Pamarro  
 Pine Grove/Next Step  
 Progressive Health Center  
 Psychiatric Times  
 Reckitt-Benckiser Pharmaceuticals, Inc.  
 Remuda Ranch  
 Ridgeview Institute, Inc.  
 The Right Step  
 Rogers Memorial Hospital  
 Rush Behavioral Health  
 Ruth Fox Memorial Endowment  
 S. Karger AG  
 Santé Center for Healing

## NIDA and CSAT Offer Prescription Drug Abuse Symposium

"Prescription Drug Abuse: Science to Practice," a symposium pertaining to multiple aspects of this complex problem, will be held on Saturday from 10:00 am to noon. The symposium is jointly sponsored by the National Institute on Drug Abuse (NIDA), the Center for Substance Abuse Treatment (CSAT), and ASAM.

Prescription drug abuse is a major problem in our society. In the 2002 National Survey on Drug Abuse and Health, 6.2 million Americans age 12 and older reported that they had used a prescription drug for other than medical purposes. Moreover, the 2003 Monitoring the Future Survey found that 10% and 4% of 12th graders said they had used Vicodin and Oxycontin non-medically.

Symposium presenters will discuss myriad factors relating to non-medical use of prescription drugs, including prescription opioids, psychostimulants, and sedative-hypnotics and their risk factors among adults, adolescents, women, and the elderly.

Presenters also will discuss the neurobiological mechanisms underlying prescription drug abuse, including tolerance and dependence, drug-drug interactions, and appropriate screening and patient management. Behavioral and pharmacologic treatments for prescription drug problems also will be reviewed.

Shades of Hope Treatment Center  
 Shepherd Hill  
 Sierra Tucson  
 Substance Abuse and Mental Health Services Administration (SAMHSA)  
 Talbott Recovery Campus  
 Taylor & Francis  
 Valley Hope Association  
 VistaPharm, Inc.  
 The Watershed Addiction Treatment Programs  
 The William J. Farley Center  
 Willingway Hospital ■

## ASAM President, 2002-2005

*continued from page 1*

There continues to be inadequate attention to addiction and substance use disorders in medical education, postgraduate training, and in continuing medical education among practicing physicians. To address this situation, ASAM is collaborating with the Office of National Drug Control Policy in a medical education initiative that holds great promise for unified action.

It is clear that many ASAM members remain desirous of addiction medicine becoming a medical specialty similar to other specialties recognized by the American Board of Medical Specialties.

Finally, our actions must be focused on parity, for that is today's opportunity. Each of our members must work for parity within their states and other medical societies. Your Society will work, too, at the national level, to have parity legislation passed in the Congress, and to have managed care organization policies changed to provide for parity.

ASAM's success in achieving these and other objectives is contingent on three ingredients: a fiscally sound and growing society, a Board that appreciates its governance role and responsibilities, and a Society in which advocacy plays a major role in enhancing member benefits and patient care.

In summary, like myself and ASAM's outgoing Board members, ASAM's new leaders have been given a sound platform from which to advance addiction medicine, meet the needs of ASAM's members, and attend to the care of our patients. For each Board, service to ASAM offers a journey containing formidable challenges and significant opportunities.

While mine has been a longer journey than most, I feel extremely honored and fortunate to have made the trip, and to have encountered so many friends and memorable experiences along the way. ■

## Annual Awards Gala

continued from page 1

An **ASAM Annual Award** for “outstanding contributions to the growth and vitality of our Society, for thoughtful leadership in the field, and for deep understanding of the art and science of addiction medicine” will be presented to ASAM past President Anne Geller, M.D., FASAM.

The **Medical-Scientific Conference Award** for the abstract receiving the highest rating for scientific merit goes to Richard N. Rosenthal, M.D., past President of the American Academy of Addiction Psychiatry.

The **Young Investigator Award** for the best abstract submitted by an author who is within five years of receiving a doctoral degree goes to Matthew W. Warren and Steven L. West, Ph.D., CRC.

The Awards Luncheon is an extra-fee event; see the ASAM registration desk for tickets. ■

### ASAM Staff & Consultants

Eileen McGrath, J.D.  
Executive Vice President/CEO  
EMCGRATH@ASAM.ORG

Berit Boegli  
Conferences & Meetings Assistant  
BBOEG@ASAM.ORG

Nancy Brighindi  
Director of Membership & Chapter Development  
NBRIG@ASAM.ORG

Ruby Bailey Edmondson  
Office Manager/Receptionist  
RBAIL@ASAM.ORG

Valerie Foote  
Data Entry Operator  
VFOOT@ASAM.ORG

Joanne Gartenmann  
Consultant  
JGART@ASAM.ORG

Tracy Gartenmann  
Director of PCSS and Buprenorphine Training  
TGART@ASAM.ORG

Alexis Geier  
Government Relations Assistant  
AGEIER@ASAM.ORG

Gionne Graetz  
Buprenorphine Training and PCSS Manager  
AGEIER@ASAM.ORG

Marie Glanz  
Executive Assistant to the EVP  
MGLANZ@ASAM.ORG

Amy Hotaling  
Membership & Chapter Development Manager  
AHOTA@ASAM.ORG

Lynda Jones  
Director of Finance  
LJONE@ASAM.ORG

Sandra Metcalfe  
Acting Director, Conferences & Meetings  
SMETC@ASAM.ORG

Claire Osman  
Director of Development  
Phone: 1-800/257-6776  
Fax: 718/275-7666  
ASAMCLAIRE@AOL.COM

Noushin Shariate  
Accounts Payable  
NSHAR@ASAM.ORG

Christopher Weirs  
Director of Credentialing/IT Manager  
CWEIR@ASAM.ORG

Bonnie B. Wilford  
Managing Editor, ASAM Publications  
29261 Pin Oak Way  
Easton, MD 21601-4631  
Phone: 410/770-4866  
Fax: 410/770-4711  
BBWILFORD@AOL.COM

## Ruth Fox Donor Reception

The gala Ruth Fox Donor Reception, scheduled for Friday evening, April 15<sup>th</sup>, honors the generosity of those who have made donations to the Fund, as well as recipients of the Ruth Fox Fund scholarships. Once again, the cost of the reception is to be underwritten by a generous gift from ASAM member Joseph E. Dorsey, M.D., and Mrs. Dorsey.

The Reception provides an opportunity to recognize all donors to the Fund, and especially major donors, who have contributed or pledged significant gifts over the years. It also provides an opportunity to recognize the achievements of this year's recipients of the Ruth Fox Scholarships, given to an outstanding group of physicians-in-training to attend ASAM's Annual Medical-Scientific Conference and Ruth Fox Course for Physicians.

The Endowment was established to create a fiscally sound base to assure ASAM's continued ability to realize its mission: to provide ongoing leadership in newly emerging areas affecting the field of addiction medicine, to continue its commitment to educating physicians, to increasing access to care and to improving the quality of care. With the professional and financial support of ASAM's members and friends, the Fund will achieve its mission.

Invitations to the Ruth Fox reception are extended only to donors, so if you have not already contributed or pledged to the Endowment Fund, please do so now. For information about making a pledge, contribution, bequest, memorial tribute, or to discuss other types of gifts in confidence, please contact Claire Osman by phone at 1-800/257-6776 or 1-718/275-7766, or email Claire at ASAMClaire@aol.com. She welcomes your calls. All contributions to the Endowment Fund are tax-deductible to the full extent allowed by law. ■

## 300 Physicians Earn ASAM Certification, 33 Are Recertified

ASAM's Certification Council has announced that, in the most recent round of certifications, 300 physicians earned certification in addiction medicine and another 33 were recertified. Their achievement will be recognized at the Awards Luncheon on Saturday, April 16<sup>th</sup>.

To date, ASAM has certified more than 3,500 physicians in addiction medicine, and recertified another 300. (The Canadian Society of Addiction Medicine has certified an additional 35 physicians.) For the current examination cycle, the Board approved an alternate pathway to certification for physicians who have not completed an ACGME-approved residency training program.

ASAM certification is widely recognized by health care organizations and third-party payers. For example, the National Committee for Quality Assurance has recognized physicians certified by ASAM as providers in managed behavioral health care organizations.



- 2 to 3 times more patients maintained abstinence vs placebo in long- and short-term studies, respectively<sup>2</sup>
- Works well with a variety of psychosocial therapies<sup>3-4</sup>
- Excellent safety and tolerability profile<sup>1-7</sup>
- Unique mechanism of action is thought to restore neurotransmitter balance<sup>8,9</sup>
- Used in over 1.5 million patients worldwide<sup>7</sup>



CAMPRAL® (acamprosate calcium) is contraindicated in patients with severe renal impairment (creatinine clearance  $\leq 30$  mL/min). CAMPRAL is contraindicated in patients with known hypersensitivity to acamprosate calcium or any excipients used in the formulation. CAMPRAL does not eliminate or diminish withdrawal symptoms. Alcohol-dependent patients, including those patients being treated with CAMPRAL, should be monitored for the development of symptoms of depression or suicidal thinking. The most common adverse events reported with CAMPRAL vs placebo ( $\geq 3\%$  and higher than placebo) were asthenia, diarrhea, flatulence, nausea, and pruritus.

The mechanism of action of acamprosate in the maintenance of abstinence is not completely understood. Chronic alcohol exposure is hypothesized to alter the normal balance between neuronal excitation and inhibition. *In vivo* and *in vitro* studies in animals have provided evidence to suggest acamprosate may interact with neurotransmitter systems centrally, and has led to the hypothesis that acamprosate restores this balance. The clinical significance in humans is unknown.

**References:** 1. CAMPRAL® (acamprosate calcium) Delayed-Release Tablets Prescribing Information, Forest Pharmaceuticals, Inc., St. Louis, Mo, 2004. 2. Data on file, Forest Laboratories, Inc. 3. Pak I, Verhuck R, Le Bou G, Gierkowsk M, Linn K, Lubert P. Efficacy and safety of acamprosate in the treatment of detoxified alcohol-dependent patients: a 90-day placebo-controlled dose-finding study. *Br J Psychiatry*. 1997;171:77-77. 4. Sato H, Sasaki M, Mann K, Zingalesberger W. Relapse prevention by acamprosate results from a placebo-controlled study on alcohol dependence. *Acta Gen Psychiatry*. 1996;33:673-680. 5. Pakle FM, Gault JD, Perkins AC, Bayer RJ, Sato H, Puse J. Double-blind randomized multicenter trial of acamprosate in maintaining abstinence from alcohol. *Alcohol Alcohol*. 1995;20:219-242. 6. Pak I, Assouline C, Lubert P et al. The European NEAT Program: an integrated approach using acamprosate and psychosocial support for the prevention of relapse in alcohol-dependent patients with a statistical modeling of therapy success prediction. *Alcohol Clin Exp Res*. 2002;26:1529-1538. 7. Mason BJ. Acamprosate. *Acute Care Alcohol*. 2000;36:207-215.

Please see Brief Summary of Prescribing Information on the following page.

CAMPRAL is a registered trademark of Merck Santé s.a.s., subsidiary of Merck KGaA, Darmstadt, Germany

Forest Pharmaceuticals, Inc.

© 2005 Forest Laboratories, Inc. 42-000000X 4/05

Visit our website at [www.campral.com](http://www.campral.com)

**NEW**  
**Campral**  
(acamprosate calcium)  
Delayed-Release Tablets

Strengthens the will to say no

# DAILY PLANNER

## REGISTRATION

All Participants, including guests, must be registered to gain admittance to any ASAM activity, including the pre-meeting review. The registration fee includes all symposia, workshops and courses, component sessions, poster and paper sessions, conference registration, materials, the Opening and Closing Receptions in the Exhibit Hall, and the dessert reception.

The ASAM Conference Registration and Information desk will be open the following hours at the conference:

Wednesday, April 13 • 5:00 pm – 8:00 pm  
 Thursday, April 14 • 6:30 am – 5:30 pm  
 Friday, April 15 • 7:00 am – 5:00 pm  
 Saturday, April 16 • 7:00 am – 5:00 pm  
 Sunday, April 17 • 7:00 am – 1:00 pm

## ALL EVENTS ARE IN THE HYATT REGENCY DALLAS

### RUTH FOX COURSE FOR PHYSICIANS

7:00 am – 5:30 pm

The ASAM designates this CME activity for 8 hours in Category 1 of the Physician's Recognition Award of the AMA.

### PAIN AND ADDICTION: COMMON THREADS

7:15 am – 5:30 pm

The ASAM designates this CME activity for 7.5 hours in Category 1 of the Physician's Recognition Award of the AMA.

### BUPRENORPHINE AND OFFICE-BASED TREATMENT ON OPIOID DEPENDENCE

7:00 am – 5:30 pm

The ASAM designates this CME activity for 7.5 hours in Category 1 of the Physician's Recognition Award of the AMA.

### WELLCOMING RECEPTION AND OPENING OF ASAM EXHIBIT HALL

6:00 pm – 8:00 pm

### COMPONENT SESSION 1: WHAT ROLE SHOULD THE ASAM PLAY IN PAIN MANAGEMENT

8:00 pm – 10:00 pm

### COMPONENT SESSION 2: AL-ANON/ALATEEN PRESENTS RECOVERY FROM THE FAMILY DISEASE OF ALCOHOLISM

8:00 pm – 10:00 pm

### ASAM ANNUAL BUSINESS MEETING AND BREAKFAST (ASAM MEMBERS ONLY)

7:00 am – 8:00 am

### OPENING SCIENTIFIC PLENARY AND R. BRINKLEY SMITHERS DISTINGUISHED SCIENTIST LECTURE

8:30 am – 9:30 am

### OPENING OF ASAM EXHIBIT HALL

9:30 am

### SYMPOSIUM 1: TRANSLATING SCIENCE TO PRACTICE FOR THE TREATMENT OF ADOLESCENTS WITH ALCOHOL PROBLEMS (JOINTLY SPONSORED BY ASAM & NIAAA)

10:30 am – 12:30 pm and  
2:30 pm – 6:30 pm

### COURSE 1: EVIDENCE-BASED PRACTICE: UNDERSTANDING AA RESEARCH FOR ADDICTION MEDICINE PRACTICE

10:30 am – 12:30 pm

### WORKSHOP A: SLEEP DISORDERS IN THE SUBSTANCE-USING POPULATION

10:30 am – 12:30 pm

### WORKSHOP B: MODELS OF BUPRENORPHINE: LESSONS FROM AN INTENSIVE OUTPATIENT PROGRAM

10:30 am – 12:30 pm

### PAPER SESSION 1

10:30 am – 1:00 pm

### POSTER SESSION: EXHIBIT HALL FOYER

1:00 pm – 2:00 pm

### SYMPOSIUM 2: FROM SPIRITS TO SPIRITUALITY

2:00 pm – 4:00 pm

### SYMPOSIUM 3: METHADONE AT 40: MILESTONES AND FUTURE DIRECTIONS

2:00 pm – 4:00 pm

### PAPER SESSION 2

2:00 pm – 4:30 pm

### COURSE 2: OFFICE-BASED OPIOID AGONIST TREATMENT IN NORTH AMERICA

2:30 pm – 4:30 pm

### WORKSHOP C: THE CRYSTAL CONNECTION—METHAMPHETAMINE, SEX, AND THE INTERNET

2:30 pm – 4:30 pm

### RUTH FOX ENDOWMENT RECEPTION (BY INVITATION ONLY)

6:30 pm – 8:30 pm

### ASAM DESSERT RECEPTION

9:00 pm

### CONTINENTAL BREAKFAST—ASAM EXHIBIT HALL

7:00 am – 8:00 am

### PLENARY SESSION ON PUBLIC POLICY

8:00 am – 9:30 am

### SYMPOSIUM 4: PRESCRIPTION DRUG ABUSE: SCIENCE TO PRACTICE (JOINTLY SPONSORED BY ASAM, CSAT, & NIDA)

10:00 am – NOON

### SYMPOSIUM 5: ADDICTION AND PSYCHIATRIC DISEASE: CO-OCCURRING OR DUAL DISORDERS

10:00 am – NOON

### COURSE 3: MANAGEMENT OF THE OPIOID-DEPENDENT CHRONIC PAIN PATIENT

10:00 am – NOON

### WORKSHOP D: CARE OF SUBSTANCE ABUSE IN AMERICAN INDIAN COMMUNITY

10:00 am – NOON

### WORKSHOP E: SPECIAL POPULATIONS—HOMELESS DRUG USERS

10:00 am – NOON

### WORKSHOP F: THE NON-MEDICAL USE OF METHYLPHENIDATE—NEW UNDERSTANDING

10:00 am – NOON

### ASAM AWARDS LUNCHEON

12:15 pm

### SYMPOSIUM 4: PRESCRIPTION DRUG ABUSE: SCIENCE TO PRACTICE (CONTINUED)

2:30 pm – 5:30 pm

### SYMPOSIUM 6: RESEARCH TO PRACTICE: HOW DOES IT HAPPEN?

2:30 pm – 4:30 pm

### SYMPOSIUM 7: ASAM PPC-2R ASSESSMENT SOFTWARE RESEARCH: EVIDENCE OF A NEW INTERNATIONAL STANDARD

2:30 pm – 4:30 pm

### SYMPOSIUM 8: MANAGEMENT OF HEPATITIS C INFECTION IN DRUG USERS

2:30 pm – 4:30 pm

### WORKSHOP G: SEXUAL ADDICTION AND SUBSTANCE USE DISORDERS: INTERVENTION, ASSESSMENT, TREATMENT AND MONITORING

2:30 pm – 4:30 pm

### COURSE 4: CHRONIC HEPATITIS C: PATHOGENESIS & MANAGEMENT—MOVING TO THE 21<sup>ST</sup> CENTURY

2:30 pm – 4:30 pm

### CONTINENTAL BREAKFAST

8:00 am

### SYMPOSIUM 9: FROM MEDICAL TO ADDICTIVE DRUG USE: ROLE OF NOSOLOGICAL SCHEMES AND MARKETING

8:30 am – 10:30 am

### SYMPOSIUM 10: SCREENING AND BRIEF INTERVENTION: CHALLENGES TO INTERVENTION

8:30 am – 10:30 am

### COURSE 4: ADVANCES IN THE THERAPEUTIC COMMUNITY

8:30 pm – 10:30 am

### WORKSHOP H: PHYSICIANS HEALTH PROGRAMS: WHAT ARE THEY? HOW DO THEY WORK? DO THEY SUCCEED?

8:30 am – 10:30 am

### WORKSHOP I: ASSERTIVE CONTINUING CARE FOR ADOLESCENTS

8:30 am – 10:30 am

### SYMPOSIUM 11: IMPLEMENTING PHARMACOTHERAPY FOR ALCOHOL USE DISORDERS

11:00 am – 1:00 pm

### WORKSHOP J: THE GROUP THERAPY OF SUBSTANCE ABUSE

11:00 am – 1:00 pm

### WORKSHOP K: ABSTINENCE-BASED 12-STEP MINNESOTA-MODEL TREATMENT TODAY—WHERE DOES IT FIT INTO THE NATION'S DRUG TREATMENT

11:00 am 1:00 pm

### WORKSHOP L: SMOKING CESSATION, TAKING THE NEXT STEP

11:00 am – 1:00 pm

THURSDAY

SATURDAY

FRIDAY

SUNDAY