

# ASAM NEWS

Volume X, No. 4

American Society of Addiction Medicine

August-September 1995

## ASAM NEWS Editor Resigns

ASAM NEWS' FOUNDING EDITOR, LUCY BARRY ARobe has resigned for health reasons, effective with this issue. Ms. Robe edited and published the newsletter for ten years. Emphysema, the result of 35 years of nicotine addiction, prompted her action. She plans to continue her craft of desktop publishing on a part-time, consulting basis.



American Medical Society on Alcoholism & Other Drug Dependence, Inc.

## NEWSLETTER

Vol. 1, No. 4 October 1985 Published Quarterly

**Editor:**  
Lucy Barry Robe  
32 Ridge Rd  
Cold Spring Harbor  
NY 11724  
Phone: (516) 363-1332

### President's Message

This newsletter signals the rapid growth of ASAM. We are grateful that Mrs. Lucy Barry Robe, a multi-published author active in the field of chemical addiction, has accepted this editorship. Send her your own ideas and suggestions.

**ASAM Office:**  
Claire O'Connell  
22 West 31st St  
7th Floor  
New York, NY 10018  
Phone: (212) 206-4370  
Facsimile No. 21

With the cooperation of the California Society for the Treatment of Alcoholism & Other Drug Dependence, we were honored with the certification project (see p. 3).

The column "ASAM Board Meeting" will alert you to the new and varied activities of your society. Committees are busy and some are expanding and need dedicated members. Please let

First issue—October 1985—was only four pages.

## AMA Meeting

by E. M. Steindler, MS



### Benefits of ADM Treatment

THE MAINSTREAMING OF ADDICTION MEDICINE ADVANCED ANOTHER step in June, as the AMA's House of Delegates met in Chicago and adopted an ASAM resolution affirming treatment of addiction as "a demonstrably viable and efficient method of reducing the harmful personal and social consequences of the inappropriate use of alcohol and other psychoactive drugs."

Pointing to the disparity between federal funding of prevention, treatment and research, and funding of enforcement, the resolution also called for significantly increased financial support of treatment, and both basic and clinical research projects.

This was the latest AMA House move over several years to give greater visibility to ADM. The moves began with ASAM's admission to the House in 1988 as a national medical specialty society, followed by recognition of alcoholism and other drug addictions as diseases and the nation's No. 1 public health problem, and inclusion of addiction medicine in the AMA's listing of practice specialties.

**...AMA move[s] ... to give greater visibility to ADM.**

### Tobacco

Delegates put the AMA on record as opposing any tort reform legislation that would give special protection to tobacco companies or products, or exclude them from liability. They urged repeal of the duty-free allowance that U.S. resident-travelers now have on tobacco products, when they return to this country, and called for new legislation on, as well as stricter enforcement of, laws to curtail measures for selling cigarettes to teen-agers.

Another resolution asked for increased taxes on tobacco products, thus making available funds for treatment of tobacco-caused illnesses, "including nicotine dependence." The last phrase was added at the request of Dr. Miller during a reference committee hearing.

### Physician Substance Abuse

A report by the Council on Scientific Affairs on "substance abuse among physicians" was amended in accordance with ASAM testimony to specify that future research should emphasize "external factors adversely affecting physicians, including workplace stress, litigation issues, and restructuring of the health care system."

### Medicare

The major AMA House focus at this meeting was on Medicare, with delegates endorsing a multiple-choice plan that would give beneficiaries a range of coverage options, including managed care and medical savings accounts, as well as the present reimbursement approach.

*continues page 5*

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## ASAM

American Society of  
Addiction Medicine

is a specialty society of physicians concerned about alcoholism and other addictions and who care for persons affected by these illnesses.

## ASAM Conferences

### State of the Art Conference Oct. 19-21, 1995

by Howard A. Helt, MD

State of the Art Planning Committee

THE AMERICAN SOCIETY OF ADDICTION Medicine's State of the Art Conference, "The Expanding Role of Neurobiology in Addiction Medicine," will be held Oct. 19-21 in Washington, DC, at the Marriott Metro Center.

The ASAM State of the Art Course Planning Committee, chaired by Allan W. Graham, MD, has organized an advanced-level program that will appeal to addiction medicine physicians, psychiatrists, primary care physicians, postgraduate fellows in addictions, basic researchers, and physician trainees. The three-day program consists of an in-depth update of the neurobiology of addiction, the latest clinical tools used to evaluate the patient/client, and finally the emerging treatments and pharmacotherapies. There will be evening focus group meetings on important clinical issues.

The conference goal is to validate the scientific foundation of addiction and its treatment from basic neurobiology to office/clinic treatment. With support from NIDA, NIAAA, the College for Problems of Drug Dependence, and the Research Society on Alcoholism, an international group of 21 speakers has been assembled to achieve this goal.

Credit hours—18 hours AMA Category 1 CME for physicians; 18 hours AOA Category IIA for osteopaths.

Washington is beautiful in October! ASAM invites members, as well as non-members, to take part in this outstanding conference.

Registration brochures were mailed to all ASAM members in July. More information from ASAM headquarters 301-656-3920, fax 301-656-3815.

### Nicotine Conference Oct. 12-15, 1995

by Terry A. Rustin, MD

Conference Chair

THE NATIONAL CONFERENCE ON NICOTINE Dependence will be held in Toronto this year, October 12-15, at the Toronto Marriott Eaton Center. Andrea Barthwell, MD, conference chair, reports

that this year's speakers will address the spectrum of issues relating to nicotine dependence from receptor physiology to public policy.

Invited speakers include outstanding researchers, clinicians, and public policy advocates, including Roberta Ferrence, PhD; Dorothy Hatsukami, PhD; Jack Henningfield, PhD; John R. Hughes, MD; Richard D. Hurt, MD; Lori Karan, MD; Kenneth Perkins, PhD; John Rosencrans, PhD; and John Slade, MD. Morning plenary sessions will focus on presentations and afternoon sessions will be skill-building and issue-oriented workshops. The conference committee plans a special address by Victor Crawford, a former tobacco-industry lobbyist, who has become an out-spoken industry critic, and a "show of hands" event to commemorate friends, colleagues, and patients who have died as a consequence of nicotine dependence.

Included in the conference will be four one-day "pre-conference" workshops: 1) addressing emerging research findings, 2) pharmacologic treatment of nicotine dependence, 3) the Canadian experience of addressing tobacco use, and gender issues in nicotine dependence, and 4) smoking cessation treatment.

Registration brochures were mailed to ASAM members in August. More information from ASAM headquarters 301-656-3920, fax 301-656-3815.

### MRO Conference Nov. 17-19, 1995

by Donald Ian Macdonald, MD

MRO Committee Chair

ASAM WILL SPONSOR ITS THIRD 1995 Medical Review Officer and Substance Abuse Professional Training Course Nov. 17-19 in New Orleans. Hotel is InterContinental-New Orleans.

The course is for physicians and other health professionals. It has been designed as an advanced course for MROs and SAPs. The course will be a combination of scientific updates, government policy and practical tips.

Attendees should learn the story of drug testing and new and upcoming federal requirements, the basics of understanding addiction and relapse and their relevance to the work place, the latest on interpreting



### 7TH INTERNATIONAL CONFERENCE ON THE REDUCTION OF DRUG RELATED HARM

3-7 MARCH 1996  
HOBART, AUSTRALIA

CALL FOR  
ABSTRACTS

Abstracts close 15 November 1995.  
For further details please contact

Conference Secretariat  
7th International Conference on  
the Reduction of Drug Related  
Harm, PO Box 529, South  
Melbourne, Victoria 3205  
Australia  
Tel 011-61-3-9690 6000  
Fax 011-61-3-9690-3271

positive opiate tests, split sample testing, alcohol testing, and passive inhaling marijuana and cocaine, the return to work process, and compliance monitoring.

The Medical Review Officer Certification Council will offer the MROCC Certification Exam immediately following the ASAM Course.

For additional information on the MRO course call ASAM headquarters at 301-656-3920, fax 301-656-3815.

For exam information, please call the MROCC directly at 708-228-7476.

## Journal of Addictive Diseases

Barry Stimmel, MD, EDITOR, REPORTED that Vol. 14, Issue 2 of ASAM's official journal appeared in August, and the third and four issues will appear during the third and fourth quarters of this calendar year, as planned.

### Policy Statements

An ASAM committee developing a public policy statement should now send a completed copy to both the ASAM Public Policy and the State Chapters Committees for comment. The document is due at least 60 days before its formal presentation to the Public Policy Committee for review, and presentation to the board of directors for approval.

Exceptions can be made when the proposed policy concerns an urgent issue.

To ensure that a state chapter public policy statement is in concert with current ASAM policy, any chapter that plans to issue a public policy statement will, prior to its issuance, send a copy to the executive vice president, the Public Policy Committee chair, and the state's regional director. It will be placed on the ASAM Presidents' weekly conference call agenda. The state chapter president, Public Policy Committee chair and board member representing that region will participate in the conference call and make a decision.

Chairs: Public Policy—Sheila B. Blume, MD; State Chapters—Paul Earley, MD

### History Committee

The History Committee, chaired by Percy E. Ryberg, MD, met in Chicago in April to discuss developing a history of ASAM. Former presidents who attended the meeting were Drs. Sheila B. Blume, Anne Geller, Stanley E. Gitlow, Charles Lieber, Anthony B. Radcliffe, Max A. Schneider, and Maxwell N. Weisman. Others who attended were David E. Smith (president), G. Douglas Talbott (president-elect) Jess Bromley, MD, James F. Callahan, DPA, E. M. Steindler, Claire Osman, and Lucy Barry Robe.

The committee has obtained support from the Caduceus Foundation and the Christopher Smithers Foundation to produce a book about ASAM. The society was founded in 1954, and the book will show the society's effects on the development of addiction medicine, and on the fields of alcoholism and chemical dependency.



### New Mail Labels Price List

The cost to rent the ASAM mailing list changed last June.

Entire list—(3,000 members, 6,000 non-members including non-physicians)—\$700.

Active members—(3,000) \$500

Any subset list—20¢ per label.

Contact Linda Fernandez at headquarters.

### Chapter News

Georgia—made a \$1,000 donation to ASAM for the Medical-Scientific Conference opening reception in April 1996.

### Book Notes—"Recent Developments In Alcoholism"

Vol. 12 *Alcoholism and Women*. Edited by Marc Galanter, MD. Associate editors include members Edward Gottheil, MD, Alfonso Paredes, MD, and David H. Van Thiel, MD. Published by Plenum Press, New York.

An official publication of the American Society of Addiction Medicine and the Research Society on Alcoholism.

### In Memoriam

Psychiatrist Donald W. Sellers, MD, of Park Ridge, IL, of cancer, May 14. Specialty ADM, certified by ASAM 1986. His wife died three weeks earlier of a long illness.

### Career Changes

ASAM board member Andrea Barthwell, MD, of Chicago left Interventions in August and is now a principal in an addiction medicine concern called ADM Group, River Forest, IL.

New positions for two ASAM members at Ridgeview Institute in Smyrna, GA—Jeff M. Sommers, MD is director of adult psychiatric partial hospitalizations services and Michael D. Banov, MD is director of medical education.



## Regulating Nicotine

### White House

Executive Vice President James F. Callahan DPA, sent the following letter to President Bill Clinton on July 24:

WRITE ON BEHALF OF THE 3,000 PHYSICIAN members of the American Society of Addiction Medicine to ask that your administration begin, through the FDA, to regulate tobacco products as drugs. Nicotine is the leading cause of preventable death in the United States, and, as your Commissioner of the Food and Drug Administration, David Kessler, MD, has stated, nicotine addiction is a pediatric disease.

As recent pronouncements of the American Medical Association demonstrate, the nation's physicians overwhelmingly support regulation of nicotine as a drug.

Cigarette smoking by adolescents has long been recognized as a gateway drug to the use of alcohol and the illicit drugs. In addition, the earlier in life one begins to smoke, the greater likelihood that one will become a lifelong smoker, and develop the diseases caused by tobacco use. We urge you in the strongest possible way to grant the FDA the authorization to begin to regulate the drug nicotine.

### JAMA

ASAM President David E. Smith MD and AMA Delegate Jess Bromley MD sent the following letter on July 31 to George D. Lundberg, MD, Editor of JAMA

ON BEHALF OF OUR COLLEAGUES IN addiction medicine and our patients who have suffered from the diseases caused by the primary disease of nicotine dependence and tobacco use, we want to thank you for the July 19, 1995 landmark issue of JAMA, in which are published the documents revealing the tobacco industry's prior awareness of the addictive nature of nicotine and the industry's actions to avoid liability for the diseases induced by tobacco use.

You and the leadership of the AMA have shown courageous commitment to our nation's health by publishing the documents and articles. Your action is another demonstration of the AMA's and JAMA's long standing interest in and publication of scientific articles on alcohol, nicotine and other addictive diseases.



## Updates for ASAM Textbook

### Topics in Addiction Medicine

ASAM published the first issue (Vol. I, No. 1) of *The Principles of Addiction Medicine* update series: *Topics in Addiction Medicine* in April. Each year, *Topics* will bring you up-to-date information on ADM. Insert each pre-punched issue into your copy of ASAM's textbook *Principles of Addiction Medicine* for an addiction medicine text that never goes out of date. Or use *Topics* alone.



#### Contents of Vol. I, No. 1:

▲ ASAM's new clinical practice guideline—"The Role of Phenytoin in the Management of Alcohol Withdrawal Syndrome," developed by the ASAM Committee on Practice Guidelines.

▲ The new criteria for substance-related disorders from the *DSM-IV* combine with a chapter in *Principles of Addiction Medicine* to show how to translate diagnoses from the *DSM-III-R* to the *DSM-IV*.

▲ The "Definition of Alcoholism"—developed in 1990 by ASAM and the NCADD as the definitive statement on the disease nature of addiction.

### ASAM Order Form

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\_\_\_ *Principles* update *Topics in Addiction Medicine* (Vol. I, No. 1)  
(\$15 members; \$20 nonmembers) \$ \_\_\_\_\_

\_\_\_ *Principles of Addiction Medicine*  
(\$115 members; \$140 nonmembers) \$ \_\_\_\_\_

\_\_\_ (other) \_\_\_\_\_ \$ \_\_\_\_\_

Total Amount Enclosed \$ \_\_\_\_\_

Return to: American Society of Addiction Medicine, PO Box 80139,  
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Florida Society of Addiction Medicine and  
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present

## FUN IN THE SUN WITH FSAM!

9th Annual Conference on Addictions  
January 19-21, 1996

Walt Disney World Village

New hotel: Grosvenor Resort  
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Up to 11 CMEs through AMA; others applied for  
CEUs: counselors, nurses, social workers  
Afternoons, evenings free to sightsee—  
group activities planned.

*Topics—practical aspects of addiction medicine ranging from  
neurochemistry to management, psych testing, comorbidity,  
nicotine dependence, MRO, and more.*

*Faculty includes Drs. Anne Geller, Douglas Talbott, Mark  
Gold, Ian Macdonald, Irving Kolin, Vinaet Mehta, Rick Beach,  
Michael Sheehan, and more*

Low conference fees \$190—ASAM physicians  
\$135—non-physicians

For more information:

Robert Donofrio, FSAM, 890 Lexington Road  
Pensacola, FL 32514

904-484-3560 Fax 904-857-1301

## ASAM PPC Validity Study

by David R. Gastfriend, MD

OVER FIFTY PEOPLE HEARD COMMITTEE chair David R. Gastfriend, MD, describe the new "ASAM Criteria Validity Study" on Apr. 28 at the Medical-Scientific Conference in Chicago. Funded by NIDA, the study asks if matching patients according to the ASAM *Criteria* improves their outcomes.

Prior committee chair P. Joseph Frawley, MD explained that his earlier efforts to "back-test" the *Criteria*, which used existing large clinical databases, were unsuccessful due to unreliable or inadequate clinical data. Dr. Gastfriend hoped that this first randomized test of the *Criteria* in "high resolution detail" would indicate how to improve the *Criteria* to yield the best cost-benefit outcomes.

*Criteria* co-author David Mee-Lee, MD, served on the external expert review panel of the "item map" constructed for the study. Dr. Mee-Lee said that he respected the tedious work of the research group in developing over 240 standardized instrument items to construct a computer-ready version of the ASAM *Criteria*. In Dr. Mee Lee's words, "I'm glad I didn't have to do it!"

Brandeis University sociologist Helen Levine Batten, PhD, noted that "a fair test of the *Criteria* requires us to determine, for example, how much Level II service does each Level II site really provide."

The first pilot site, at Faulkner Hospital in suburban Boston, underwent the services evaluation for two weeks. Program Director Alan Wartenberg, MD, described the study process as comfortable for staff and "satisfaction surveys indicated the patients even liked being involved."



### Portuguese Meeting on ADM

THE PORTUGUESE ADDICTION MEDICINE Association has issued an open invitation to ASAM members to attend its 1st annual conference in Lisbon Dec. 5-7, 1995 at the Hotel Lisbon Penta. Registration fees will be waived for ASAM members. More information: Portuguese Addiction Medicine Association, Rua Sofia Carvalho, No. 2, 2Dto, Alges 1495 Lisbon, Portugal. President: J. Margalho Carrilho, MD.



## NIAAA Symposium

by Alan A. Wartenberg, MD

THE NIAAA HELD A SYMPOSIUM IN Chicago during ASAM's Medical-Scientific Conference. This was as much an historic tour through its 25 years of political and social developments in research into alcoholism, as it was a scientific exposition.

Director Enoch Gordis, MD began with a history of the Institute and indicated how—to at least some extent—the funding and choice of projects over 25 years relate to the current social and political acceptance of different concepts of alcoholism. However, he said that researchers throughout this period have clearly shown that their focus, even for basic scientists, was on ameliorating the terrible effects of alcoholism on human beings.

Marc Schuckit, MD reviewed the research into genetics of alcoholism, including his own important work, indicating a clear genetic connection in at least subsets of male alcoholics. Bridget Grant, PhD, showed how the competition between different sociological approaches competed over the years, and ultimately, a union of these different approaches yielded a clearer understanding of alcoholic populations. George Koob, PhD, in his discussion of alcohol dependence and brain reward systems, demonstrated very clearly how basic and clinical science can connect and complement each other, and how our understanding of neurotransmitters and brain reward pathways have been considerably enhanced by the study of alcoholics and other drug dependents.

Charles S. Lieber, MD gave a *tour-de-force* discussion of the effects of alcohol's induction of the liver cytochrome oxidase system on xenobiotics. He said this may be responsible for increased carcinogenicity in alcoholics as well as other toxic effects. Dr. Lieber's own research has done much to clarify the liver cell's metabolic pathways.

Clair Coles, PhD reviewed the effects of alcohol during pregnancy—fetal alcohol effects as well as the full-blown FAS (fetal alcohol syndrome)—with particular attention to alcohol's effects in different trimesters, and the outcome of ceasing alcohol use.

Richard K. Fuller, MD, on alcohol treatment research, clearly showed the changing tides of treatment philosophies over the NIAAA's 25 years. Similarly, an excellent review by Robert Saltz, PhD, indicated changes in CD professionals' as well as society's views of abstinence and controlled or responsible drinking. Finally Marku Linniola, MD emphasized the role that the Institute's own research has played, in addition to the fine work of researchers working in their own institutions.

The quality of expertise, energy and commitment the NIAAA has attracted and made possible—through leadership, vision and funding—was apparent during this presentation. People with alcohol and other dependencies, their families, and CD professionals have benefited greatly from the NIAAA's major efforts over the last 25 years. Dr. Wartenberg is from Massachusetts. He is an ASAM board member.



### CLINICAL FACULTY

BE/BC Family Practice Physician, ASAM certification preferred. Position as staff primary care M.D. for a regional Substance Abuse Rehabilitation Hospital (4/5's time) and supervision of Family Practice residents in outpatient setting for Regional Medical Center. Joint appointment on clinical track with fixed term. Excellent opportunity to teach addiction skills to students and residents while treating a challenging substance abuse/psychiatric population. Salary negotiable depending on experience and training.

For information contact

Janice Paris, M.S.P.H., M.B.A., Departmental Administrator, Department of Family Medicine, East Carolina University School of Medicine, 600 Moye Boulevard, Greenville, NC 27858-4354. Phone (919) 816-2606. East Carolina is an Equal Opportunity/ Affirmative Action employer.

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REVIEW COURSE  
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All are physicians.

+ Committee or task force not on the previous published chart.

● Appointed since previous published chart.

There are 59 committees/task forces. The previous most-recent committee chart was published in the November-December 1993 issue of *ASAM NEWS* (Vol. 8, #6).

▶ Executive Committee (board of directors)

# Sections, Committees, and Chairs

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# On-line News

## Internet Forum—Substance Related Disorders

by Peter Mezciems, MD

THE AGE OF ONLINE COMMUNICATION IS truly upon us. As you read this, your colleagues are experiencing immediate interaction with addiction professionals from many countries. Explosive growth is propelling the worldwide links of computer networks known as the Internet beyond 35 million users. If you have a computer and a modem you, too, can obtain access and join in.

What do you need to know?

Mailing lists are largely informal gatherings of like-minded people who subscribe to a mailing list containing "postings" (electronic letters) from individual members. These are automatically mailed (electronically) to all subscribers. If you imagine the ability to have near instant communication with others in the field across the world, or the chance to receive feedback on clinical questions or issues of policy, then you have an idea of how such a list can work.

### Substance Related Disorders

Last November, I formed a list known as "substance-related-disorders" under the auspices of InterPsych. This organization exists to promote online discussion of issues related to mental health. The forum, as it is called, encourages discussion on abuse of and dependence on psychoactive substances, dual diagnosis, and behaviors that can be viewed with an addictive model, and explores issues that cover the breadth of the field.

If you would like to subscribe, send the message "subscribe substance-related-disorders" to "listserv@netcom.com", or e-mail me at "mezciems@wat.hookup.net".

For those who have no idea what all of that means, call or mail to:

Peter Mezciems, MD, CCFP

Addiction Services, Homewood Health Centre, 150 Delhi St., Guelph ON N1E 6K9

519-824-1010; fax—519-824-1827.

## ASAM e-mail list

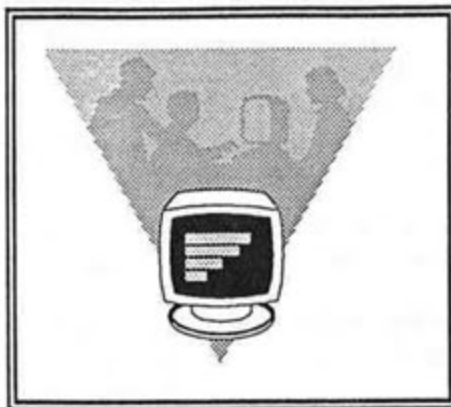
ASAM has a list of 114 e-mail addresses of members

Contact headquarters for a copy, and/or to add your e-mail address to it.

e-mail—[asamoffice@aol.com](mailto:asamoffice@aol.com)

phone—301-656-3920

fax—301-656-3815



## Computers & Recovery

The following was sent to ASAM NEWS by LeClair Bissell, MD, who received it online from Michael Warner:

Is there any correlation between the type of computer one uses and the type of recovery one chooses?

Linux users do it themselves, eschewing formal associations of any kind.

Unixpeople like the nutz'n'boltz neurotransmitters, mutant genes, etc., and would prefer a technological fix (the pharmacological "magic bullet", perhaps) over all that touchy-feely stuff.

Apple types want it to be real simple and easy. Just point them in the preferred direction, and click them on their way.

PC'ers follow the mainstream. They put up with crashes, interminable waits, vague and misleading help, and more for the sake of easy availability.

Dumb terminals, located in depressing rooms, tied to antiquated software located on aging university mainframes (me)—We are too embarrassed, ashamed, and intimidated to actually go public. We usually hide under rocks and in closets, wishing it would all just go away.

Just guessing.

"...he only does it to annoy; because he knows it teases." —Lewis Carroll

## ASAMComputer Conference

by Stuart Gitlow, MD

THE ASAM BOARD OF DIRECTORS APPROVED a Communications Task Force proposal that there be a day-long educational computer conference one day before the next Medical-Scientific Conference.

This conference, which might be concurrent with the Ruth Fox Course, would be taught in two sections. The first section, targeting a computer novice, would be an introduction to computers in the workplace. Demonstrating both Macintosh and PC platforms, lecturers would demonstrate operating systems, initial word processing and spreadsheet use, and online services. By the end of the morning, attendees will be more comfortable and more capable with their computers.

The afternoon section will offer more advanced computer users more detailed information on networking, using the Internet, and office management techniques.

Attendance will be limited in each section. A lower attendance fee will be available to ASAM members. The syllabus has not been finalized. The Electronic Communications Task Force encourages anyone who wants to work on this project to contact chair Stuart Gitlow, MD at [afagitlow@aol.com](mailto:afagitlow@aol.com).

## In Washington—

### NIDA Bulletin Board

THOSE WITH NO NIH COMPUTER CENTER ACCOUNTS, but with a modem and communications package, can access the NIDA Bulletin Board at no charge except for the phone call itself.

Dial 301-402-2221 or 1-800-358-2221. When prompted for user initials enter **fn5**. When prompted for an account enter **fnf1**. The next screen will be the NIDA Bulletin Board main menu, with a set of instructions on how to proceed.

### NIH Gopher

Telnet address is [gopher.nih.gov](http://gopher.nih.gov).

### NIDA Computer Group

Telephone 301-443-6910.



## AA and Psychiatrists

### Mini-Residency In AA

PSYCHIATRISTS "CANNOT LEARN ABOUT the AA program of recovery in a hospital or clinic, or from detoxifying patients and treating their medical complications, or just by reading articles or AA's Big Book," says John N. Chappel, MD, who has been a nonalcoholic trustee of Alcoholics Anonymous since 1989. "Some direct experience is necessary—sort of a mini-residency in AA," he explained.

He suggests ways in which psychiatrists and other physicians can acquire this experience:

1. Call the local AA number and ask to speak to a member. A good resource is the

Cooperation with the Professional Community Committee (C.P.C.).

2. Ask for a temporary AA contact, who will help you learn about the program—preferably one who has a solid length of continuous sobriety, a working familiarity with the Twelve Steps, and is sponsoring other AA members.

3. Meet regularly with your contact. Together, go over the schedule of local open meetings and pick those that meet your needs.

4. Plan to attend one open meeting a week for three months, or one meeting a month for a year. Discuss your experiences

with your temporary contact. (If you encounter limitations in your relationship with your contact, do not hesitate to seek out another one.)

"I have found," wrote Dr. Chappel, "that a secondary gain to this learning experience is personal benefit. Since 1975 I have been working with C.P.C. committees to inform medical students and residents. I have learned much about the power of sharing personal thoughts, feelings and experience. This has been of particular value in relating to my family and friends."

Dr. Chappel, professor of psychiatry and medical director of Alcohol and Drug Programs, Truckee Meadows Hospital, Reno, NV, wrote this piece for *About AA—A Newsletter for Professionals*, (Spring 1995, p. 2). He emphasized that "my opinions are my own; I do not speak for AA."



## 1995 AA International Convention—San Diego



*AA's 60th anniversary celebration in San Diego June 29-July 2, attended by 80,000. AA holds an international convention every five years; the most recent in Seattle in 1990. Convention in year 2000 will be in Minneapolis.*

Central Connecticut hospital seeks addiction specialist for highly regarded, comprehensive, mental health program. Excellent benefits, competitive salary. Location easily accessible to Boston, New York. **Contact:** Bristol Hospital Recruitment office 1-800-892-3846 or fax us your CV at 203-585-3525.

### MAINE Psychiatrist

for full service addiction program. Outpatient with some inpatient. Day and partial hospitalization. Group home. Team approach. Join large behavioral medicine department. Riverside college community close to coast and ski region. Competitive salary and full benefits.

Send C.V. to Lianne Harris, New England Health Search, 63 Forest Ave. Orono, ME 04473. Phone 207-866-5680. Fax 207-866-5696.

# New Members



October 1, 1994 - May 9, 1995

## Alabama

Martha Tucker Ban, MD—*Psych.*  
Miriam R. Leonardo, MD—*OB/GYN*

## Arizona

Francis O. Mecoli, MD—*Fam. Prac.*

## California

David C. Baer, MD—*Emergency Med.*  
Charles J. Barnes, MD—*No Specialty*  
Peter M. Braunstein, MD—*Vascular Surgery*  
Eileen Laverne Carter, MD—*Int. Med.*  
Olga Daiber, MD—*Int. Med.*  
Harold M. Henry, MD—*OB/GYN*  
James R. Korb, MD—*Int. Med.*  
Robert R. Lawrence, MD—*No Specialty*  
M. David Lewis, MD—*Psych.*  
Catherine McDonald, MD—*Pediatrics*  
Hyman J. Milstein, MD—*Int. Med.*  
Charles A. Novotony, MD—*Ob/Gyn*  
Paul Ohliger, MD—*Int. Med.*  
Rebecca A. Powers, MD—*Child Psych.*  
Norman T. Reynolds, MD—*Psych.*  
Nicholas Rosenlicht, MD—*Psych.*  
Sally J. Rubenstone, MD—*Int. Med.*  
Jeffrey S. Shelby, MD—*Int. Med.*  
Andreas Subadya, MD—*Int. Med.*  
Janice E. Thornburg, MD—*Int. Med.*  
Clarence Ward, MD—*Anesthesiology*

## Florida

Eugene J. Linberg, MD—*Thoracic Surgery*  
Steven Schweinhaupt, MD—*Fam. Prac.*  
Cynthia Denise Wirth, MD—*Int. Med.*

## Georgia

Suzanne Ayers Iodice, MD—*Fam. Prac.*  
George D. Miller, MD—*No Spec.*  
Michael Prudent, MD—*No Spec.*  
John Straetman, MD—*No Spec.*

## Illinois

William R. Burkey, MD—*Fam. Prac.*  
Daisy M. Felarca, MD—*Fam. Prac.*  
Charles Edward Kaegi, MD—*Psych.*  
Dorothy Jean Lucas, MD—*Ob/Gyn*  
Roderick L. Matticks, MD—*Fam. Prac.*  
David R. Miller, MD—*Fam. Prac.*  
Juliet Spelman, MD—*Fam. Prac.*

## Indiana

Farzana A. Khan, MD—*No Spec.*  
James Douglas Kozarck, MD—*Fam. Prac.*

Leonard A. Lado, MD—*Psych.*  
Melanie Margiotta, MD—*No Spec.*  
K. Keith Min, MD—*Psych.*

## Kentucky

Laxmaiah Manchikanti, MD—*Anesthes.*  
Diane McElheney, MD—*Psych.*  
Gary Stephen Weinstein, MD—*No Spec.*

## Louisiana

Edward G. Lacour, MD—*Gen. Surgery*  
Robert A. McCormick, MD—*Psych.*

## Massachusetts

R. Thomas Mathew, MD—*Psych.*  
Asad Murtuza Naqvi, MD—*Psych.*

## Maryland

Christine A. Curley, MD—*Gen. Prac.*  
John Gambrell, Jr., MD—*No Spec.*

## Michigan

Elizabeth A. Alexander, MD—*Fam. Prac.*  
Andrew Lovy, D.O.—*Psych.*  
Martin E. Siegel, MD—*Psych.*  
Richard Henry Wakulat, MD—*Int. Med.*

## Minnesota

Keith Hoyt Berge, MD—*Anesthes.*  
Kenneth A. Bromen, MD—*Psych.*  
Michael J. Gregg, MD—*Fam. Prac.*  
Richard Eugene Ray, DO—*Psych.*

## Missouri

Sudhirkumar P. Shah, MD—*Int. Med.*

## North Carolina

Mark D. Robinson, MD—*Fam. Prac.*  
Wayland Chad Stephens, MD—*Fam. Prac.*

## Nebraska

Yaron Zedek, MD—*Psych.*

## New Jersey

Jeanne Marie Ahrens, MD—*No Spec.*  
Sheila Walsh Cogan, MD—*Psych.*  
Serge Dumay, MD—*Pulmonary Dis.*  
Steven Robert Erle, MD—*Psych.*  
William F. Mills, MD—*Fam. Prac.*  
David R. Polizzi, MD—*Fam. Prac.*

## New Mexico

Jay R. Feierman, MD—*Psych.*

## Nevada

Karen Ann Gedney, MD—*Int. Med.*

## New York

Robert W. Ballard, MD—*Fam. Prac.*  
John P. Fernandez, MD—*Int. Med.*  
Lawrence B. Greenberg, MD—*Psych.*  
Richard M. Poniarski, MD—*Psych.*  
Victoria Renzullo, DO—*Psych.*  
Marie J. Vincent, MD—*Pediatrics*  
Nathaniel C. Webster, MD—*Fam. Prac.*  
David B. Wiley, MD—*Psych.*  
Ilana Zylberman, MD—*Psych.*

## Ohio

Christina M. Delos Reyes, MD—*No Spec.*  
Melissa F. Gross, MD—*Psych.*  
Victor C. Kessler, MD—*No Spec.*  
Maria Sarma Vassilaros, MD—*Int. Med.*

## Oklahoma

William P. Becker, DO—*Fam. Prac.*  
Tom A. Dixon, MD—*Fam. Practice*  
William Barbee Mitchell, MD—*Int. Med.*  
William H. Yarborough, MD—*Int. Med.*

## Oregon

Robert Alan Miller, DO—*Int. Med.*

## Pennsylvania

Stephen Ott Laucks, MD—*Anesthes.*  
George Francis Medich, MD—*Orthopedic Surgery, Sports Medicine*  
Stephen Allen Nezezon, MD—*Psych.*

## Rhode Island

Anthony R. Amicarelli, MD—*Pediatrics*

## South Dakota

Karl H. Kosse, MD—*Urological Surgery*

## Tennessee

Arden J. Butler, Jr., MD—*No Spec.*  
G. Dykes Cordell, MD—*Psych.*  
Richard Winn Henderson, MD—*Fam. Prac.*

Donald Lentz Henson, Jr., MD—*Psych.*  
Dale Wayne Norris, MD—*Fam. Prac.*  
Burl Turner, MD—*No Spec.*

## Texas

Frank Allen Vickers, MD—*Fam. Prac.*

## Virginia

John G. Buchanan, MD—*Psych.*  
Frederick Ellison Conrad, MD—*No Spec.*  
Elissa May Godfrey, MD—*Psych.*  
Robert Radin, MD—*Psych.*  
A. Arthur Steele, MD—*Int. Med.*

## Washington

Mel E. Chandler, MD—*Fam. Practice*  
Edward Jacob, MD—*No Spec. Listed*  
Hugh A. Larkin, Jr., MD—*No Spec.*  
Shirley Marie Mauch, DO—*Fam. Prac.*  
Mary M. Saint Clair, MD—*Fam. Prac.*  
Gregory D. Sawyer, MD, Ph.D—*Psych.*

**New Members** *continues***U.S. TERRITORIES:****Puerto Rico**

Angel A. Gonzalez-Carrasquillo, MD —  
*Int. Med.*

**INTERNATIONAL:****Brazil**

Ricardo Esch, MD — *Psych.*

**Canada**

Thomas Russell Crawford, MD — *Fam. Prac.*

Peter Lawson Heyland, MD — *Anesthes.*

Mardelle Helen Miller, MD — *No Spec.*

Mary-Stewart Moore, MD — *ADM*

Thomas E. Nieman, MD — *Anesthes.*

Michael C.F. Wilkins-Ho, MD —  
*Psych.*

Elizabeth Mary Zubek, MD — *Fam. Prac.*

**Kuwait**

Husain A. Almoumen, MD — *Fam. Prac.*

**Mexico**

Alfredo Cerdan-Assad, MD — *Int. Med.*

**Panama**

Francisco H. Moreno-Pascal, MD —  
*Int. Med.*

Nixy Alena Guzman de Rojas, MD —  
*General Prac.*

Sergio A. Rojas, C., MD — *General Surg.*

**Phillipines**

Antonio Ayuyao Koh, MD — *Emergency Med.*

**Peru**

Teobaldo Llosa, MD — *Psych.*

**Portugal**

Francisco Henriques, MD — *General Practice*

**Switzerland**

Claude Bob Uehlinger, MD — *Psych.*

**Taiwan**

Jyh-Long Jean, MD — *Fam. Prac.*

Hsin-Pei Tang, MD — *Psych.*



# Don't miss this one...

Plan to attend SECAD\*-95 this December 6-9 in Atlanta for the finest educational and networking opportunity available anywhere. For 20 years SECAD has led the field of addiction with the foremost speakers, the most up-to-the-minute topics and an extensive exhibit and networking areas — and 1995 promises to be our very best year yet.

The unequalled SECAD experience offers 3½ days of seminars, meetings and workshops presenting cutting-edge information in areas such as:

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| ▶ Managed Care     | ▶ EAP Issues               | ▶ Cultural Diversity |
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| ▶ Spirituality     | ▶ Eating Disorders         | ▶ Dual Diagnosis     |
| ▶ Detox            | ▶ Domestic Violence        | ▶ Stress and Burnout |
| ▶ Criminal Justice | ▶ Heroin, Crack, & Cocaine | ▶ And much more.     |

**World Class Hotel.** The spectacular Atlanta Marriott Marquis is once again the conference hotel for SECAD. Located in the heart of downtown Atlanta, it features spacious, ultra-modern accommodations, impressive yet comfortable meeting facilities, plus many close-by, casual, specialty and gourmet restaurants and shops.

**Exhibitors.** SECAD-95 features an all new, expanded exhibit area, convenient to our meeting rooms, with a large, comfortable lounge and refreshment areas that will be the center of many conference events.

**Who should attend.** SECAD is directed to medical, counseling, educational, judicial and other professionals or anyone who deals with the problems of addiction in their workplace, school, church, home or community.

**Call today** or write for complete conference information and agenda:

**800-845-1567**  
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## From Washington Headquarters

### ASAM Staff



ASAM staff at Medical-Scientific Conference in Chicago last April. (l to r, clockwise)—Sandy Schmedtje Metcalfe, Theresa McAuliffe, Linda Fernandez, Virginia Mayberry, James F. Callahan, DPA, Louisa Macpherson, Claire Osman, Arthur Ganta, Chistine McGlenn, Joanne Gartenmann

## Newsweek Apologizes

A MAR. 27, 1995 NEWSWEEK ARTICLE "Half Steps vs. 12 Steps," about moderation for problem drinkers, stated that "studies, including one by the American Society of Addictive [sic] Medicine, indicate that problem drinkers outnumber hard-core alcoholics four to one."

When asked to cite a source for the named organization and for the statistic, Robert Scott wrote ASAM on June 7 on behalf of the *Newsweek* Editors:



"That was an error on our part, and we apologize for it. The correct source is the Institute of Medicine, whose report "Broadening the Base of Treatment for Alcohol Problems" states, 'Approximately one fifth [of the U.S. population] consumes substantial amounts of alcohol, and approximately 5 per cent drink heavily.' Thank you for taking the time to alert us to the problem, so we could correct our permanent file."





## Ruth Fox Memorial Endowment Fund

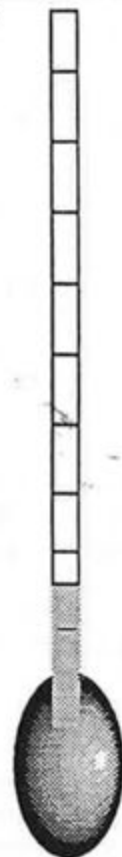
Dr. Ruth Fox  
(1895-1989)

### Endowment Fund Tops \$1,500,000!

**Goal**  
**\$10,000,000**

**Pledged**  
**\$1,505,001**

\$10M  
\$9M  
\$8M  
\$7M  
\$6M  
\$5M  
\$4M  
\$3M  
\$2M  
\$1M



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March-April  
May-June-July  
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Please send all books submitted for review in ASAM NEWS to ASAM headquarters. Mark package "Elizabeth Howell, MD—Publications Chair."

### How to Protect Your Pension Plan

ARE YOU AWARE THAT AT YOUR passing, the value of your remaining pension assets can be depleted (taxed) by as much as 75% (and even more taxes are extracted if you are subjected to the so called "excess" accumulation tax)! Wouldn't you prefer that your heirs receive the bulk of your hard-earned savings?

Mr. Paul Dow, Attorney, has volunteered to come to Atlanta to discuss "Estate Planning for Physicians" and "How to Protect your Pension Plan." We have scheduled this program for Thursday, April 18, 1996, from 7:00 p.m. to 8:30 p.m. during the ASAM annual conference in Atlanta, following the opening reception.

It is important that you attend to learn more about how your pension can be protected so that "you" are the one who decides who will ultimately receive the preponderance of your estate.

Seating is limited. When you receive your conference registrations (in January), please indicate if you plan to attend this program. If you would like a personal meeting with Mr. Dow at the conference or before, please contact Ms. Claire Osman for an appointment. She can be reached at (212)206-6770, ext. 217.

Max A. Schneider, MD, Chair, Endowment Fund

Jasper G. Chen See, MD, Chair Emeritus, Endowment Fund

Claire Osman, Director of Development

### New Donors Additional Pledges Contributions

June-August 1995

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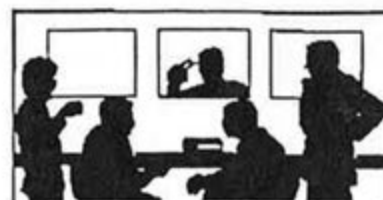
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Jon C. Stringer, MD  
Jess E. Tarr, MD  
Kathleen Bell Unger, MD

# ASAM Calendar

## 1995

- Oct. 6-8 — GASAM (Georgia chapter) 3rd Annual S.E. Regional Addiction Conference (GASAM)  
Lake Lanier Islands, GA *Hilton Resort*  
GASAM Exec. Office, c/o JLH Counseling, 150 E. Ponce de Leon Ave., Ste. 370, Decatur, GA 30030 404-377-9398
  - Oct. 7 — WISAM (Wisconsin chapter) Conference  
Milwaukee  
Michael M. Miller, MD 608-271-4144; Fax 608-271-3457
  - Oct. 7-9 — St. Mary's Hospital  
Waterbury, CT *Quality Inn*  
Lorraine Giorgio, 203-755-4577.
  - Oct. 12-15 — ASAM 8th National Conference on Nicotine Dependence  
Toronto, Ontario *Toronto Marriott Eaton Center*
  - Oct. 19-21 — ASAM State of the Art in Addiction Medicine  
Washington, DC *Marriott Metro Center*
  - Nov. 2-4 — ASAM/CSAM (California chapter) State of the Art in Addiction Medicine  
Marina del Rey, CA *Ritz-Carlton*
  - Nov. 10-12 — ISAM (Illinois chapter) Annual Meeting & Awards  
Chicago Call Hermese Bryant at 312-663-0817 or write ISAM, PO Box 5406, River Forest, IL 60305
  - Nov. 17-19 — ASAM MRO/SAP Training Course  
New Orleans *Intercontinental New Orleans*
- 1996**
- Jan. 19-21 — ASAM/FSAM (Florida chapter) 9th Annual Conference on Addictions  
Orlando *Grosvenor Resort Hotel, Walt Disney Village*  
Robert Donofrio, MN, FSAM, 890 Lexington Rd., Pensacola, FL 32514. 904-484-3560; Fax 904-857-1301



## 1996

- April 18-21 — ASAM Annual Meeting & 27th Annual Medical-Scientific Conference  
Atlanta *Atlanta Marriott Marquis*
- Oct. 24-26 — ASAM Review Course in Addiction Medicine  
Chicago *O'Hare Hyatt Hotel*
- Nov. 14-17 — ASAM 9th National Conference on Nicotine Dependence  
Washington, DC *ANA-Westin Hotel*
- Dec. 7 — ASAM Certification/Recertification Exam  
Atlanta, Los Angeles, Newark

## 1997

- April 17-20 — ASAM Annual Meeting & 28th Annual Medical-Scientific Conference  
San Diego *San Diego Marriott*

## 1998

- April 16-19 — ASAM Annual Meeting & 29th Annual Medical-Scientific Conference  
New Orleans *New Orleans Marriott*
- Dec. — ASAM Certification/Recertification Exam

*Information about ASAM conferences—*  
Sandy S. Metcalfe, ASAM, 4601 North Park Ave.,  
Upper Arcade, Ste. 101. Chevy Chase, MD 20815  
301-656-3920; Fax: 301-656-3815  
*Staff contact for CME—*Claire Osman, ASAM  
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