

ASAM NEWS

American Society of Addiction Medicine

formerly *American Medical Society on Alcoholism and Other Drug Dependencies [AMSAODD]*

Vol. IV, No. 4

July - August 1989

Published Bimonthly

Washington Office Is Open

*Executive Director In
New ASAM Headquarters*

5525 Wisconsin Avenue, NW
Suite 409
Washington, DC 20016

Phone: (202) 244-8948

ASAM executive director James Callahan told *ASAM News* that the new office, which opened Aug. 1, is across the street from the Red Line Metro stop. ASAM members are invited to stop in, but Dr. Callahan requests that people please telephone first so that he may be there to welcome them.



Inside

Committee & State Chair.....	2
About ASAM.....	3
Committee News.....	5
IDAA Meeting.....	6
Harvard Nicotine Conference.....	7
"Physician, Heal Thyself!....."	11
Departments: Books (12); Calendar (16); CD Fellowships (9); Letters to Editor (15);	
Masthead.....	8

*This is the first issue of
ASAM News, formerly called
AMSAODD News.*

Geller Chairs New Specialty Status Committee

Anne Geller, MD, of New York City, has been appointed by ASAM president Jasper Chen See, MD, to chair a new ad hoc committee on specialty status.

"Dr. Chen See wants this committee to investigate the various possibilities for certification in addiction medicine," Dr. Geller told *ASAM News*.

"This is a medium- to long-range planning committee to look at the various options for certification in addiction medicine, in order to see the best route for ASAM to take. We are not anticipating any immediate changes, either in criteria for taking the ASAM certification examination, or in the exam itself. The next exam is scheduled for December 1990."

Committee members, who were also appointed by Dr. Chen See, are listed on p. 5.



**ASAM is a specialty society of 3,500 physicians
who are concerned about alcoholism and other drug dependencies
and who care for persons affected by these illnesses.**

ABOUT ASAM

Committee Chair

- *Adolescents..... Peter D. Rogers, MD
- AIDS..... Larry Siegel, MD
- *Budget & Finance..... James W. Smith, MD
- Constitution & Bylaws..... Max A. Schneider, MD
- Continuing Medical Education..... James Halikas, MD
- Core Curriculum..... David C. Lewis, MD
- *Credentialing..... H. Blair Carlson, MD
- *Cross-Cultural Clin. Concerns. Andrea G. Barthwell, MD
- Dual Diagnosis..... Richard Ries, MD
- *Ethics..... Lynne Hankes, MD
- Exam..... Sidney H. Schnoll, MD
- Family & Generational Issues..... Steven Wolin, MD
- *Fellowship..... Dolores M. Burant, MD
- *International..... Conway Hunter, Jr., MD
- *Journal (ad hoc)..... Donald M. Gallant, MD
- *Medical Care in Recovery..... Marigail Wynne, MD
- Medical/Scientific Program..... Marc Galanter, MD
- *Membership..... Kevin O'Brien, MD
- Members-in-Training..... David R. Gastfriend, MD/
..... Daniel Glatt
- Methadone Treatment..... J. T. Payte, MD
- Nicotine Dependence..... John Slade, MD
- *Nomenclature..... David E. Smith, MD
- Physician Assistance..... Charles L. Whitfield, MD
- Public Policy..... Sheila B. Blume, MD
- Publications..... Stanley E. Gitlow, MD
- Resources & Development..... Jasper G. Chen See, MD
- Review Course..... Anne Geller, MD
- *Specialty Status (ad hoc)..... Anne Geller, MD
- Standards & Economics of Care..... David Mee Lee, MD
- *Trauma..... Carl A. Soderstrom, MD

*Newly appointed

State Chair

- Alabama..... Jack C. Whites, MD
 - Arizona..... Lisa Sparks, MD
 - Arkansas..... James M. Merritt, MD
 - Canada..... William J. Barakett, MD
 - *Colorado..... Caroline Gellrick, MD
 - Connecticut..... Peter Rostenberg, MD
 - District of Columbia..... James H. Nickens, MD
 - *Hawaii..... William F. Haning III, MD
 - *Idaho..... Richard W. Gerber, MD
 - *Illinois..... James C. Leonard, MD
 - Indiana..... John J. Saalwaechter, MD
 - *Iowa..... Dennis A. Weis, MD
 - Kansas..... David L. Trudeau, MD
 - Kentucky..... Gordon L. Hyde, MD
 - *Louisiana..... Louis Cataldie, MD
 - *Maine..... William M. Sullivan, MD
 - Massachusetts..... Ronald F. Pike, MD
 - Michigan..... Richard Morin, MD
 - Minnesota..... Joseph J. Westermeyer, MD
 - Mississippi..... Doyle P. Smith, MD
 - Missouri..... Jorge A. Viamontes, MD
 - *Montana..... George F. Sheckleton, MD
 - Nebraska..... John J. Hoelsing, MD
 - *Nevada..... Donald D. Van Dyken, MD
 - *New Hampshire..... Edward H. Maloney, MD
 - New Jersey..... David I. Canavan, MD
 - New Mexico..... L. Morris McEwen, MD
 - New York..... Anne Geller, MD
 - North Carolina..... James F. Alexander, MD
 - North Dakota..... Keith G. Foster, MD
 - *Oklahoma..... Gary L. Patzkowsky, DO
 - *Oregon..... Steven J. Eickelberg, MD
 - *Pennsylvania..... Bruce Branin, DO
 - Puerto Rico..... Rosa L. Barbosa, MD
 - *Rhode Island..... John P. Femino, MD
 - South Carolina..... Douglas F. Crane, MD
 - South Dakota..... Joseph R. Cruse, MD
 - Tennessee..... David T. Dodd, MD
 - *Texas..... Terry A. Rustin, MD
 - *Utah..... John Carter Hylen, MD
 - Vermont..... Allan W. Graham, MD
 - Virginia..... Charles G. Smith, MD
 - *Washington..... Richard E. Tremblay, MD
 - West Virginia..... C. Rolly Sullivan, MD
 - *Wisconsin..... Charles J. Engel, MD
 - *Wyoming..... James G. Haller, MD
- Five states are now chapters: California, Florida, Georgia, Maryland, Ohio.

ASAM News - Subscriptions
(Newsletter is mailed free to members)
\$15/year (6 issues)

Name: _____
 Organization: _____
 Street: _____
 City/State/Zip: _____

Make check payable to ASAM News, Mail to:
 ASAM, 12 West 21 St, New York, NY 10010

About ASAM cont.

ACCME Reaccreditation

The Accreditation Council for Continuing Medical Education (ACCME) recently re-awarded ASAM accreditation for four years, as a sponsor of continuing medical education for physicians.

The ACCME "rigorously evaluates the overall continuing medical education programs of institutions according to standards adopted by all seven sponsoring organizations of the ACCME." These organizations are: the American Board of Medical Specialties; the American Hospital Association; the American Medical Association; the Association for Hospital Medical Education; the Association of American Medical Colleges; the Council of Medical Specialty Societies; and the Federation of State Medical Boards.

The ACCME reported to ASAM only one concern: insufficient use of its statement, which should appear in its entirety in programs and brochures for conferences and meetings: *The American Society of Addiction Medicine is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.*

The American Society of Addiction Medicine designates this continuing medical education activity for ___ credit hours in Category I of the Physician's Recognition Award of the American Medical Association.

Information on the criteria for Categories 1 and 2 credit is contained in the Physician's Recognition Award Information Booklet, available from the American Medical Association. Phone: (312) 645-4665.

Anyone to Hawaii for the AMA?

Executive director James F. Callahan wonders if any ASAM members plan to attend the AMA's 1989 Interim Meeting of the House of Delegates in Honolulu Dec. 3-6. "It is important for ASAM to cover reference committee meetings," he told *ASAM News*. The reference committees meet Mon. Dec. 5 from 8:30 AM to 5:00 PM. Please call ASAM's delegate to the AMA, Jess Bromley, MD, or the alternate delegate, David E. Smith, MD.

Dr. Bromley won a blue blazer for recruiting 12 new members to the AMA in 1989. He had written to 1,500 ASAM members suggesting that they join the AMA.

In Memoriam

Marvin Arthur Bowers, Jr., MD, 64, anesthesiologist, of Louisville, Kentucky, died in June.

A member of ASAM since 1982, Dr. Bowers was former head of the chemical dependency department at Charter Hospital in Louisville.

ASAM Annual Conference

Call for Courses, Workshops, Abstracts

Application forms for presentations at ASAM's 1990 Medical-Scientific Conference were mailed to members in August. The conference takes place April 26-29 in Phoenix, Arizona, and includes ASAM's annual meeting, board, and committee meetings.

Deadline to submit courses and workshops is Oct. 10; deadline for abstracts is Nov. 10.

At the 1989 conference in Atlanta, ASAM offered seven courses and nine workshops, all "very much in demand," according to conference manager Louisa Macpherson. In 1990, course registrations will be limited to 150, workshops to 50. In format, a course is a lecture and a workshop is a discussion, with more give and take in the latter as the group is considerably smaller.

"All ASAM members are invited to submit applications to present courses and workshops - the more submissions, the wider and better the selection from which the Program Committee can choose," said Mrs. Macpherson.

The program committee, chaired by Marc Galanter, MD, also wants abstracts for presentations in track and in poster sessions. Those accepted will be published in the journal *Alcoholism: Clinical and Experimental Research*.

ASAM will again recognize the best paper (based on a submitted abstract) by a "Young Investigator," - a first author who is within five years of a medical residency or doctoral degree.

[Conference manager Louisa Macpherson, phone (203) 227-7084]

Reminder

1990 Certification Exam

The requirements for ASAM certification will remain as they were when adopted by the board in April 1987. These include completion of an approved residency, or Board certification, in any medical specialty, and one year full-time (or one FTE) involvement in the field of alcohol and other drug dependencies, according to H. Blair Carlson, MD, who is chair of the Credentialing Committee.

Those who failed the 1988 exam may sit for the 1990 exam without having to meet the criteria for a residency, provided they took the AMSAODD (now ASAM) certification exam for the first time in 1988. This waiver involves 84 of the 121 physicians who did not pass the 1988 exam.

The next ASAM certification examination will be in December 1990.

September is Nat'l Alcohol & Drug Treatment Month

ASAM is one of the sponsors of National Alcohol and Drug Treatment Month, which will take place September 1-30. More than 1,000 treatment programs will participate.

**Addiction Medicine/
Primary Care Physician**

- Full-time or part-time position available to join two ASAM-certified physicians and one physician assistant.
- Unique position; opportunities include:
 - Inpatient and Outpatient freestanding full service CD unit
 - Inpatient hospital-based CD unit
 - Outpatient CD/Opiate freestanding unit.
- Potential to combine position with primary care, occupational medicine, and/or hospital-based food addiction program.
- Excellent remuneration and flexible scheduling.
- Located Western Massachusetts, Pioneer Valley; 1-1/2 hrs. from Boston, 3 hrs. from New York City. Recreational opportunities abound, and the "5 colleges" (Univ. of Mass, Smith, Mt. Holyoke, Amherst, and Hampshire) provide varied cultural stimulation. Lakes, rivers, downhill and crosscountry skiing minutes from practice. Starting date flexible.

Send CV in confidence to:
 Steven J. Kassels, MD
 Community Medical Center
 260 New Ludlow Road
 Chicopee, MA 01020

SHEPHERD HILL HOSPITAL

ADDICTIONIST

Addictionist needed for full-time position at a 54-bed free standing chemical dependency hospital, including outpatient and residential extended care program. Must be licensed (or eligible) in Ohio, and ASAM certified.

Submit CV, with cover letter, to:

Paul C. Redmond, M.D.
Medical Director and Director of Programs
Shepherd Hill Hospital
200 Messimer Drive
Newark, OH 43055

No phone calls please
 EOE



**WHEN THE "MERRY-GO-ROUND"
ISN'T SO MERRY ANYMORE**

For those who have gone round and round with alcohol getting nowhere...for those who want to get off drugs but can't...and for their families who've been taken

along on the ride...there's treatment and recovery at Mediplex managed facilities.

Alcoholic or Addict. Adolescent or Adult. Male or Female. Cocainist, Chronic Relapser or Recovering Individual "in crisis." There's a Mediplex treatment program clinically tailored to stop the cycle of use and abuse and start a new life of hope and healing, using the principles of AA, NA and Alanon.

And there's a choice of Mediplex Chemical Dependence Treatment Facilities dedicated to that purpose. All modern, attractive and located in tranquil rural settings. All thoroughly, competently staffed.

And all supported by an extensive aftercare network designed to serve client needs throughout transition and into that new way of life.

If we can help you help one of your patients get off the "not-so-merry-go-round of addiction," call the Mediplex-managed facility nearest you.



The Mediplex Group, Inc.
 Alcohol and Substance Abuse Division
 Dr. William Hawthorne, *Medical Director*
 15 Walnut Street, Wellesley, MA 02181
 (617) 446-6900

- Arms Acres**, Carmel, NY (914) 225-3400
- Cedar Ridge**, Shawnee, KS (913) 631-1900
- Clear Pointe**, Lake Ozark, MO (314) 365-2111
- Conifer Park**, Scotia, NY (518) 399-6446
- Mountain Wood**, Charlottesville, VA (804) 971-8245
- Spofford Hall**, Spofford, NH (603) 363-4545

COMMITTEE NEWS

Members-In-Training Start Newsletter

In May, co-chairs **Daniel Glatt** and **David R. Gastfriend, MD**, produced the first issue of the *MIT Newsletter*. It was mailed to all ASAM Members-in-Training. Extra copies are available at the New York office for students and recruits who request more information about ASAM.

"One of us (Dan) is a second-year medical student at New York Medical College and the other (David) is a psychiatrist at Massachusetts General Hospital's West End Group Practice (Alcohol & Drug Treatment Unit)," noted the co-chairs. "We invite you to become involved with other medical students and residents who are interested in the addiction field."

The chairs hope to "expand the membership of the Members-In Training Committee to include a member at every medical and osteopathic school in the United States. If you know people in other programs who would be interested in participating in AMSAODD [now ASAM] please let them know about our organization."

Other goals: an annual competition for best paper by a medical student; legislative collaboration with the American Medical Student Association (AMSA); directory of training sites in the addictions; promotion of AIMS-type programs (Aid to Impaired Medical Students); use of ASAM speakers at student section chapters, regional conferences, annual meetings.

Money is a perennial problem for medical students. But help to attend addiction conferences *can* be forthcoming, if one only asks, as Mr. Glatt discovered:

"...a couple of New York Med students were interested in attending the Atlanta AMSAODD [now ASAM] Annual meeting. After a few well-placed phone calls to AMSAODD staff, local physicians, and Delta Airlines, they were able to obtain two round-trip tickets. Lloyd Roberts (from NY Med and an AMSAODD member) use[d] one. The other ticket was donated to Columbia Medical School. This enabled one of their AIMS (Assistance for Impaired Medical Students) Program student leaders to attend. Dan Glatt figured that since Lloyd and he were attending from NY Med, it would be good to involve another school. The dean's office at NY Med picked up their hotel tab! Hooray for small miracles!!!"

In July, the Members-in-Training Committee sent its newsletter and a membership application to 140 medical students who won scholarships from the J.M. and Scaife Foundations to eight summer schools of drug and alcohol studies.

[David R. Gastfriend, MD, Chief, West End Group Practice, MGH-ACC 712, Boston, MA 02114]

Specialty Status

(cont. from p. 1)

This new ad hoc committee will meet for the first time in Chicago during the ASAM Nicotine Conference. "At that time we will decide on a course of action," said Dr. Geller.

The committee:

Anne Geller, MD - chair
Sheila B. Blume, MD
Dolores M. Burant, MD
H. Blair Carlson, MD
Marc Galanter, MD
Stanley E. Gitlow, MD
James Halikas, MD
David C. Lewis, MD
Anthony B. Radcliffe, MD
Sidney H. Schnoll, MD
David E. Smith, MD
G. Douglas Talbott, MD

International Seeks Members

Conway Hunter, Jr., MD, new chair, would like to hear from ASAM members who are interested in serving on this committee. Please contact Dr. Hunter "as soon as possible."

[Conway Hunter Jr., MD, 302 Plantation Chase, St. Simons Island, GA 31522. Phone: (912) 638-5530]

Child/Adolescent

Committee met for the first time during ASAM's annual meeting in Atlanta in April. Chair is **Peter D. Rogers, MD**, of Cleveland.

Symposium on *Adolescents and Teenage Children of Alcoholics* next April in Phoenix will include teenage suicide, and treatment options and outcomes for chemically dependent adolescents; chair will be **Wiley Patterson, MD**.

1989 Membership Directory

The new ASAM Membership Directory was sent in late July to all current society members. The 1989 book was dedicated to the memory of founding president **Ruth Fox, MD**, who died last March at age 93, and after whom the course at ASAM's annual Medical-Scientific Conference is named.

An inadvertent omission: "Certified by AMSAODD 1987" for **Jack L. Croughan, MD**, of St. Louis, Missouri, (p. 109).

IDAA Annual Meeting San Antonio Draws over 600

He wore his long, bright yellow, 'Godfather' ribbon, and his usual welcoming smile. Many of his hundreds of personal friends are sober physicians today because of his unflagging 12th Step work. One of them carried his card in a billfold for ten years before he was ready to ask for help!

Dr. Luke R. was secretary of International Doctors in Alcoholics Anonymous from 1960 to 1988. He attended IDAA's 40th Annual Conference this year in a wheelchair, but that didn't deter him from giving a humorous, nostalgic, half hour talk.

Years ago AA's co-founder, Bill W., telephoned Luke for the IDAA mailing list in order to promote his "niacin cause" [the notion in the late 1960s that megadoses of vitamin B-3 could help alcoholics to stay sober, originally fostered by Drs. Hoffer and Osmond of Canada via their work with schizophrenics who were also alcoholics].

Luke told Bill W. that the niacin premise was "not scientifically valid" and that, in any event, the IDAA mailing list was strictly confidential [as it is to this day]. "Bill honestly wanted to help alcoholics. He really believed in Dr. Hoffer's work with schizophrenics," said Luke. But, after a solid hour of Bill's telephone lobbying, Luke agreed only to write to the IDAA membership himself, and to suggest that they contact Bill W. directly if they were interested in more information about niacin. "About 30 or 40 did write to Bill," said Luke with a gentle chuckle.

Of the 625 registrants for IDAA at the San Antonio, Texas, Rivercenter, Aug. 2-6, over 400 were IDAA members.

CME Program

ASAM again sponsored a one-day CME program. Maxwell N. Weisman, MD, whose topic was "Problems in Financing Substance Abuse Treatment," said that "marketing is a large part of funding alcoholism treatment" and that the "cut-throat competition" has resulted in "greed and kickbacks." The proportion of beds for alcoholism treatment has increased dramatically since 1978, he said, but so too have costs, in part due to available insurance for alcoholism treatment.

Anne Geller, MD, discussed treating opiate addiction. "Sedative withdrawal can kill you but not opiate withdrawal - you only wish you were dead," said Dr. Geller. Hypertensive medication dampens some opiate withdrawal symptoms (drugs such as Clonidine taken orally or via skin patch) but won't handle the pain of severe opiate withdrawal. Some physicians give Clonidine in combination with naltrexone (opioid antagonist). "You'll have a somewhat uncomfortable patient, but one who is off opiate drugs within two to four days."

Dr. Geller believes that it is difficult for recovering physicians to be on methadone - that naltrexone is better "for the patient and for the head of his/her department," but she said that most labs cannot monitor for naltrexone. She recommended taking 50 mgs. a day as being easier to remember than the

CONFERENCE DIGEST

more usual doses every other day.

Buprenorphine is "long acting, mild withdrawal, an effective analgesic," according to Dr. Geller. "Partial agonist and antagonist all in one, it won't have the horrendous withdrawal as from methadone."

LeClair Bissell, MD, spoke on AIDS Prevention. To date, worldwide, there have been under 40 reported AIDS cases of health professionals infected by patients. Many resulted from "no gloves, no precautions. Most dentists now wear gloves. So do health care professionals involved in high risk situations," said Dr. Bissell. Other suggestions: Don't recap needles. Doctors should teach patients who are addicts how to clean their own needles. "Tell them to dilute chlorine bleach to a 10% solution. This can be carried in a small bottle. After a fix, when still feeling good, pour solution in a glass, stick needle in, draw fluid up barrel, squirt into empty glass. Do this six times, then take needle apart and soak for 20 minutes."

In a now well-known and popular 'lesson,' Dr. Bissell explained with wit and dignity how to don "good quality, latex condoms" as a preventive measure against AIDS.

"Last year at this time, I would have advised testing for AIDS only if you absolutely had to," said Dr. Bissell. "This year, I feel differently. We can monitor T cells, and if they're below 200, we can start AZT and aerosol pentamidine once a month against *pneumocystis carinii* pneumonia. In other words, because we can now do something if a patient is HIV positive, it makes sense to test patients, providing we can protect the confidentiality of the patient."

The other CME speakers were Joseph R. Cruse, MD, and Sharon Wegscheider-Cruse who spoke on 'coupleship.'

Banquets

The Friday evening Newcomers Banquet drew an estimated 600 people. At this traditional event, first-timers at the IDAA annual conference introduce themselves and then give a very brief talk. Specialties ran the gamut from anesthesiology to urology; sobriety spanned 39 days to 10 years; there were two new vets and five new dentists (IDAA membership is open to dentists, psychologists, veterinarians and doctoral-level medical scientists, as well as physicians). Although the audience appeared to be a roughly equal balance of men and women, many of them spouses, newcomers who took the microphone were a different proportion: 85 men but only 12 women. Since this low male to female ratio of newcomers does not represent the IDAA membership, some members hope that more new IDAA women will attend their first national conference next year.

The Saturday Banquet speaker was a pharmacist and physician whose story is in the 3rd edition of AA's Big Book, *Alcoholics Anonymous*, published in 1976. When he joined AA 22 years ago, he said that he believed he was only "mildly allergic to alcohol and a little bit alcoholic."

Special meetings ("Alkathons") every evening included couples; women; gay/lesbian; spirituality; amends; inventory; sponsorship; slips; 3rd Step; "Came to Believe;" cross-addiction; and professional reentry. There were also programs for

Al-Anon, Alateen, and ACA (Adult Children of Alcoholics).

Next year's IDAA meeting: Boca Raton, Florida, Aug. 1-5, 1990, at the Boca Raton Hotel and Club (between Palm Beach and Ft. Lauderdale, and near Miami, on the east coast of Florida). Information: IDAA 1990 Convention, Suite 300, 100 East Sample Road, Pompano Beach, FL 33064. Phone: (305) 785-7003. Contact: Dr. William H.

What Is IDAA?

"The aims of International Doctors in AA are those of Alcoholics Anonymous," states the organization's informational letter by Luke R. "As an AA group, our primary purpose is in carrying the message to other alcoholics, particularly alcoholic doctors. At present we have a strictly confidential mailing list (held by the secretary-treasurer) of 2,750 names ... There are no dues ... The only requirement for membership is the doctor's desire to belong..."

Now available (on a restricted basis): *International Directory of Meetings for Doctors in Recovery*, dated June, 1989.

IDAA's new address: PO Box 444, Center City, MN 55012. Phone: (off.) (612) 835-4421; (res.) (612) 835-4300. Contact: Dr. Dick McK.

Addiction vs. Behavior Modification in Treating Nicotine Dependence

Harvard Conference Raises Issues

The high failure rate of smoking cessation "shows that people need help to quit and to prevent a relapse," says John P. Pierce, PhD, of the Center for Disease Control's Office on Smoking and Health in Rockville, Maryland. Dr. Pierce spoke at a Harvard University conference in July, sponsored by its Smoking Behavior and Policy Institute.

Several of ASAM's national nicotine conference speakers were among the over 120 who attended the Harvard meeting, which was by invitation only.

An estimated 48.8 million adults in the United States smoke. Although only 5% see themselves as smoking in five years, of the 17.3 million who have tried to quit in the 1980s, only 8% stayed off cigarettes for as long as a year. Of those, 40% relapsed within 10 years, and half of those will never try again to stop, according to Dr. Pierce.

Why?

- most smoking cessation programs are designed by "behavior modificationists." They neither focus on the addictive nature of nicotine, nor adequately address the urgent and prevalent problem of relapse;

- less than one in ten smokers who want to quit seek help from any product or service.

"We as a CD treatment community need to better apply the principles and knowledge of addictive disorders to nicotine dependence treatment. But, we also need to be open and to draw on the body of knowledge of behavioral medicine, where smoking cessation has resided for the past 25 years," Richard D. Hurt, MD, of the Mayo Clinic, told *ASAM News*. "It is becoming clear that the behavioral approach has limitations and that many smokers need more intensive treatment than is cur-

rently available. Patients with nicotine dependence need a more integrated approach to treatment, which must include effective aftercare and relapse prevention."

Dr. Hurt is chair of ASAM's 2nd National Conference on Nicotine Dependence, taking place Sept. 21-24 in Chicago. At that conference "we plan to further clarify and demonstrate that *nicotine is a drug of dependence*," he said. "We hope to bring together the behavioral treatment model and the addictive disorders model, so that we can better meet the needs of our patients with nicotine dependence."

Most aspects of insurance (federal, state, and private carriers) were represented at the Harvard conference. Geoffrey P. Kane, MD, who is a member of ASAM's Nicotine Dependence Committee, told *ASAM News* that some concerns of health insurance carriers which were highlighted at the conference included:

- need for uniform data on the effectiveness of smoking cessation services;
- need for better quality control of services;
- no demand at present from benefits managers for coverage of smoking cessation services;
- will different premium rates for smokers and non-smokers prove an acceptable way to finance coverage for smoking cessation?

Dr. Kane is chair of ASAM's new Subcommittee on Reimbursement, part of the Nicotine Dependence Committee. Dr. Kane told *ASAM News* that the subcommittee "hopes to develop a position statement on reimbursement changes that will promote effective treatment. Such a statement can be shared or used with various interested parties such as government, benefits managers, insurers, and consumer groups."

Dr. Kane would like to hear by phone or mail from ASAM members who are interested in being on this subcommittee on reimbursement.

[Geoffrey P. Kane, MD, Brookside Hospital, 11 Northwest Blvd., Nashua, NH 03063. Phone: (603) 886-5000]

*Now that you know
smoking is an addiction,
find out how you can treat it!*

**AMSAODD's 2nd
National Conference
on Nicotine Dependence
Sept. 21-24, 1989
Chicago, Illinois
The Westin Hotel**

For conference information:
call (312) 848-6050

Or write:

AMSAODD (now ASAM)
6525 West North Avenue, #204
Oak Park, IL 60302

ASAM News

(formerly AMSAODD News)

Editor: Lucy Barry Robe

15 Ridge Rd.
Cold Spring Harbor
NY 11724
Phone: (516) 367-6692

ASAM -Washington:

James F. Callahan, DPA
Suite 409
5525 Wisconsin Ave, NW
Washington, DC 20016
Phone: (202) 244-8948

ASAM-New York:

Claire Osman, 12 West 21 St
New York, NY 10010
Phone: (212) 206-6770

ASAM News is published bimonthly:

Jan.-Feb.	Mar.-April
May-June	July-August
Sept.-Oct.	Nov.-Dec.

Advertising Rates:

Start at \$60. Call/write
Editor, or ASAM-New York.

Subscription Rates:

Free to ASAM members.

Nonmembers:

One year (6 issues) \$15.

© American Society of Addiction
Medicine. ISSN #0889-9215

**F.P. or I. M. needed to join 2 ASAM
Cert. F. P.'s in private practice.
ASAM Cert. preferred. Practice in-
cludes Med. Dir. of inpt. and outpt.
CDU programs.**

RESUME TO: Drs. Roy & McIver,
APC. 3901 Houma Blvd,
Metairie, LA 70006.
PHONE: (504) 455-8441.

SITUATION WANTED

Certif. internist/addiction med.
seeks medical directorship or
similar with CD treatmt facility.
Full/part time with practice opportu-
nity. Internal medicine preferred.
**Box EF. ASAM News, 15 Ridge
Rd, Cold Spring Harbor, NY 11724.**

ADDICTION MEDICINE CLINICAL ROTATION/ FELLOWSHIP

The Chemical Dependency Recov-
ery Program at Kaiser Permanente
Hospital, Fontana, CA, has one
opening for a one year clinical rota-
tion/fellowship for the 1989-1990
year. Applications will be considered
immediately. There is no application
period for 1989-1990. The starting
date for the year will be variable to
accommodate individual needs.
Entry level is PGY 4 or greater. Sal-
ary is approximately \$30,000 per
year plus benefits. A California med-
ical license in good standing is re-
quired.

Direct inquiries to:

Anthony B. Radcliffe, M.D.
Physician in Charge
Chemical Dependency Recovery
Program
Kaiser Permanente Medical Center
17046 Marygold Ave.
Fontana, CA 92335
(714) 829-5128

MEDICAL DIRECTOR PRIMARY CARE PHYSICIAN

Progressive 138-bed free-
standing chemical dependency
treatment center, serving adults
and adolescents, located in
beautiful Lancaster County,
Penn., seeks medical director.
Treatment philosophy consists of
an individualized, Twelve Step,
psychosocial, family orientation,
with emphasis on specialized
treatment populations.

Qualifications required:
board certification in Internal
Medicine or Family Practice, and
experience in the treatment of
chemically dependent persons.
Preference for AMSAODD (now
ASAM) certification.

Submit *curriculum vitae* to:
Gerald D. Shulman,
Senior V. P. Clinical Programs
Addiction Recovery Corporation
12300 Twinbrook Pkwy, Ste 150,
Rockville, MD 20852



KAISER PERMANENTE

Good People. Good Medicine.

NORTH CAROLINA

Prepaid group practice seeks BE/BC
internist or family physician with in-
terest in addictive disease to prac-
tice primary care and provide medi-
cal management of patients seeking
treatment for chemical dependency.
Excellent salary and benefits include
professional liability and medical
coverage, paid vacation and sick
leave, holidays, continuing educa-
tion, retirement plan, and sharehold-
er opportunity.

*Direct letter of introduction and cur-
riculum vitae to:*

**Phyllis M. Kline
Physician Recruitment Coord.-AS
Carolina Permanente Medical
Group, P.A.
3120 Highwoods Blvd
Raleigh, NC 27604
(800)277-2764 or (919)878-5874
Affirmative Action/EOE**



PARKSIDE Medical Services Corporation

MEDICAL DIRECTOR California

Parkside, a not-for-profit
behavioral healthcare organi-
zation, seeks a Specialist in
Addiction Medicine to serve as
Medical Director of our 20 bed
CD treatment facility in Central
California.

BC/BE Internists or Family
Practitioners with ASAM
Certification please call Winnie
Tailer at (617) 639-1090 or send
C.V. to PARKSIDE MEDICAL
SERVICES CORPORATION,
Little Harbor, Marblehead, MA
01945.

Chemical Dependency Fellowships

State	Facility	Contact/Address	Phone	No. Offered
<p><i>AMSAODD News (now ASAM News) published lists of CD fellowships in the Jan.-Feb. and March-April issues. The following were not included. If readers will send us information about CD fellowships, we will publish them when space permits.</i></p> <p><i>ASAM's suggested guidelines for chemical dependency fellowships can be found in Alcoholism: Clinical and Experimental Research, v. 9, #5 (September-October 1985). Or write to the ASAM New York office for a copy.</i></p>				
California	Kaiser Permanente Medical Center	Anthony B. Radcliffe, MD Chemical Dependency Recovery Program 17046 Marygold Avenue Fontana, CA 92335	(714) 829-5128	1
New Jersey	Lighthouse, Mays Landing, Shore Mem'l Hosp., Somers Point Burdette Tomlin Mem'l Hospital, Cape May Court House	James J. Manlandro, DO, Medical Director or Kenneth R. Sandler, MD, President Recovery Services of New Jersey 2250 Atlantic Avenue PO Box 899 Mays Landing, NJ 08330	800-852-8851	1
Oregon	Serenity Lane Chemical Dependency Center	Walton E. Byrd, MD or Joe Steiner, MS Serenity Lane, Inc. 616 East 16th Street Eugene, OR 97401	(503) 484-7282 (503) 687-1110	1

Alcoholism/Chemical Dependency Unit Southwest Missouri

THE POSITION: Medical Director of a 24-bed inpatient alcoholism and chemical dependency unit located in a community hospital. Salary plus bonus. This successful five year old unit treats adults and adolescents using a multi-disciplinary team approach where the physician provides medical care and the support staff provides therapy. Candidates should be BE/BC in a primary care specialty with an interest in or experience with alcoholism and chemical dependency. Position will normally require an average of thirty hours per week on the unit, with remaining hours available within the hospital's industrial medicine program, a convenience care clinic or in one of three family practice satellite clinics. Call coverage available through other physicians employed by the hospital.

THE HOSPITAL: Freeman Hospital is a Joint Commission accredited non-profit 160-bed full service community hospital drawing from a service area of 134,000, Missouri's fourth largest metro area. There are 150 physicians on staff representing all major specialties.

THE COMMUNITY: Joplin is close to the Ozark mountains, and was named in a national publication as one of the "50 Best Towns in America." The area enjoys a stable economy and low cost of living. Missouri Southern State College is located in Joplin. A temperate climate and an abundance of lakes, rivers, and a national forest offer outstanding recreational opportunities.

VHA Physician Placement Services is the preferred placement service for a hospital alliance composed of over 800 hospitals in 45 states. Since our fees are paid by our client, there is absolutely no cost or obligation to you for our nationwide service. For additional information concerning this opportunity, please call and/or forward your curriculum vitae in confidence. Thank you for allowing us to be of assistance.

Ed Boles
Physician Placement Specialist



VHA PHYSICIAN PLACEMENT SERVICES
Recruitment • Planning • Consulting

Suite 250, Brownton Place • 2000 Warrington Way • Louisville, KY 40222-6409
Phone (502) 423-9622 • Toll Free 1-800-626-1857

ASSISTANT DIRECTOR, Alcoholism Rehabilitation Physician

Spaulding Rehabilitation Hospital, a major affiliate of Massachusetts General Hospital, seeks a board qualified psychiatrist for a dynamic 19-bed inpatient and outpatient alcoholism rehabilitation program. Physician will be the primary physician for small number of inpatients (with internal medicine consultation) and psychiatry consultant to others. Will work with a skilled multidisciplinary treatment team experienced in the area of substance abuse. Will be involved in pre-admission screening evaluations and outpatient follow-up. Will assist the Director of the Alcoholism Rehabilitation Program with administrative responsibilities including program development, outreach, patient care conferences, teaching of medical students, quality assurance and committee activities. The hospital is affiliated with Harvard Medical School and Tufts University School of Medicine. May participate in research through some existing programs or by obtaining grants. Physicians currently completing psychiatry residencies or fellowships who have some experience in the treatment of patients with substance abuse are welcome to apply. Part-time, or possibly full-time, opportunity. Spaulding is a modern, non-profit, 284-bed hospital with 13 specialty programs.

Send curriculum vitae to: Manuel J. Lipson, M.D., Spaulding Rehabilitation Hospital, 125 Nashua Street, Boston, MA 02114.

An equal opportunity employer



**SPAULDING
REHABILITATION
HOSPITAL**

Dedicated to Patient Care, Teaching and Research

Advertising Notes The ASAM Board voted June 16 that the terms "addictionology" and "addictionologist" no longer be used in *ASAM News* articles and advertisements. Instead, the board suggested "addiction medicine," "addictionist," and/or "addiction medicine specialist."... Ad rates will go up 20% beginning with the next issue of *ASAM News* (Sept.-Oct.), the first rate increase in two years. *Single size ad (2-1/2" wide x 1-1/2" high) is now \$60.* Call/write editor or ASAM-New York for new rate sheets.

1989 Review Courses

ADDICTION MEDICINE: STATE OF THE ART 1989

Enoch Gordis, MD: The State of Addiction Medicine	Institute of Medicine Study: Robert Sparks, MD
Carlton Erickson, PhD: The Biological Aspects of Addiction	Genetic Factors in Alcoholism: Marc Schuckit, MD
Stephanie Brown, PhD: A Developmental Model of Recovery	Relapse Prevention: Helen Annis, PhD
David Mee-Lee, MD: Dual Diagnosis and Recovery	Benzodiazepine Dependence: Peter Roy-Byrne, MD
Stephen Dinwiddie, MD: Genetics of Addiction	Co-Dependency and Narcissism: Timmen Cermak, MD
Larry Siegel, MD: Medical Update on AIDS	Expert Testimony and Urine Screens: Dennis Ritz, JD
Bruce Woolley, PharmD: Anabolic Steroids	Anabolic Steroids: Andrew Bonin, MD

Plus 11 skill-building clinical workshops
Seminars on the Scope of the Specialty of Addiction Medicine

Orlando, October 19-21, 1989

San Diego, November 9-11, 1989

American Society of Addiction Medicine
For information call 212/206-6770

The California Society
For information call 415/428-9091

Category I credit: 21 hours

PRACTICE OPPORTUNITIES AVAILABLE

Treating chemically dependent patients requires the expertise of an experienced physician. Charter Medical has a reputation for offering high quality addictive disease programs.

Due to the growth of our hospital system, we now have several practice opportunities for physicians. The ideal candidate has a background in treating addictive disease, and has completed either a psychiatry or other medical specialty residency. Personal recovery is considered an asset.

Please take this opportunity to call us now and let us tell you about the communities we serve.

**P.O. BOX 209
MACON, GA 31298**

1-800-841-9403 (in Georgia: 1-800-342-9660)



Clarify Your Ideas on Disease Concept! Dr. Paul D'Amico's **Videotapes for Counselor Aids, Patients, and Families**

High Patient Response & Acceptance - Entire Series - 4 videotapes - each 1 hour + long

Tape #1: **PSYCHOBIOLOGY OF DRUG DEPENDENCIES**

Tape #2: **THE SPIRITUAL & SOCIAL DIMENSIONS OF PSYCHODRUG DEPENDENCIES**

Tape #3: **DISCHARGE INSTRUCTIONS: PRESCRIPTION FOR SUCCESS**

Tape #4: **PSYCHODRUG DEPENDENCIES AS MULTIPLE NEURORECEPTOR DERANGEMENTS**

Cost: Videotapes: \$50.....four Tape Series - \$160, plus postage & handling: \$15. each set.

Book - *Massive Myths with Simple Solutions* \$18.95 each, plus \$3. postage & handling.

Send check to: **Paul D'Amico, DO, Box Y, Livingston Manor, NY 12758** Phone: (914) 439-4990

BOOKSHELF

***Physician, Heal Thyself! --
35 Years of Adventures In Sobriety
by an AA 'Old-Timer'
Dr. Earle M.***

Foreword by **David E. Smith, MD**
CompCare Publishers, 1988, 246 pp., \$9.95.

Autobiographical books are often stiffer and more formal than the author's real life. But Dr. Earle M. certainly did nothing to dim *his* colorful personality and vivid life. He has written a very good, joyous book.

Friend of many AA old-timers, Earle is best known as author of the Big Book's chapter also called "Physician, Heal Thyself!" which was written back in the mid 1950s. Earle's book gratefully records 35 years of abstinence, with vivid descriptions of the highs and the numerous lows involved in his sobriety.

Dr. Earle is board certified in obstetrics-gynecology as well as in psychiatry. He is an academician, clinician, sex therapist, actor, national and international lecturer. He is an adult child of alcoholic parents. He was a self-styled high-bottom drunk, a "radical addict," (his first drink provided an addictive response, similar to that of Bill W's first drink). He was a polydrug (amphetamines) abuser. He has always been a splendid story teller.

"He has always been an extremist, not easy to understand and not to be underestimated," his daughter said for this book. I know that Earle has had enemies and detractors in his contentious life; I would have liked to have heard even more about them. He is aware that he can be loud, aggressive and argumentative. But the reader will realize that actually he's been a very shy, tormented man much of his life, one who, like his father, had learned to dis-inhibit and to cope through alcohol and performing.

Earle shares with the reader, as he has done in many lectures to physicians as well as to lay audiences, his medical view of the disease of addiction. He acknowledges the areas of speculation and of faith. He freely shares his feelings, whether noble or petty, with vividness and honesty. But this proud, strong-willed doctor manages to avoid becoming a pundit, a guru, a zealot--he remains a human, striving, uncertain man. Extended passages over a long time interval give the reader this insight as Earle struggles for serenity and humility.

Dr. Earle reminds me of a shaman - a member of a clan who has roamed and studied the wilderness of recovery, and who returns to the tribal campfire with new, constantly changing visions of sobriety. Shamans are not chiefs. They are advisers, image producers, myth makers. To remain valid, their

images must fit with the experiential wisdom of significant members of the tribe. Earle is a successful shaman for AA.

Earle is also a first rate logo-therapist. "Children may grow into adults encased in a wall of pretense that is made of fear, disappointment, and a variety of shoulds, musts, have-to's, and ought-to's. The wall ... can be dissolved in alcohol. When we do share with other recovering alcoholics, our walls of fear and pretense begin to crumble ... our capacity to give and receive tenderness begins finally to grow."

Earle effectively uses the "four I phases of recovery" to divide his sobriety: Infatuation, Irritability, Inventiveness, and Insight. He challenges and questions almost everything about consciousness, existence, and God. "I gulped life in large quaffs, just as I had formerly gulped booze."

In his inventive phase, one event led Earle to Fritz Perls and then to trying "confrontational" AA: the Forum and later the Floorsitters (SYESH, which is an anagram for Share Your Experience, Strength, Hope) in the San Francisco area. Physicians might suggest that recovering patients who are questioning and sullen read these historic episodes of AA for some perspective.

Earle's description of spirituality was meaningful to me: "...to me prayer and meditation were identical ... the mind might be quiet or it might not. In either case, total awareness of the current moment brought me indescribable vitality, energy, and inspired activity."

I see Earle's book being read by recovering health professionals (the passages on enabling hospital, patients, and colleagues are superb). I also believe that my own raw, skeptical recovery will benefit greatly from reading this supplementary text.

Earle M. shows us that one can be a force for change without destroying; that being a

"I see Earle's book being read by recovering health professionals (the passages on enabling hospital, patients, and colleagues are superb..."

part of the wonderful history of AA does not mean subjugating talent, energy, or even ego, if they are used well and sincerely, and within the framework of the AA Program.

"The hell with serenity! And then it happened! My desire to find serenity vanished and I became utterly serene! The trouble had been the search! When I was forced to give up the search from sheer exhaustion, serenity became mine. It had always been available to me..."

David L. Breithaupt, MD
San Jose, California

BOOK NOTES

Pharmacological Issues in Alcohol and Substance Abuse

Barry Stimmel, MD, editor

A special issue of the journal *Advances in Alcohol & Substance Abuse*, vol. 7, No. 1

Papers by ASAM members: "Clonidine" by **Herbert G. Roehrich, MD**, and **Mark S. Gold, MD**; "Clonidine and Alcohol Withdrawal" by **Paul Cushman, Jr., MD**; "Naltrexone Treatment of Bulimia - Clinical and Theoretical Findings Linking Eating Disorders and Substance Abuse" by **Jeffrey M. Jones, MD**, and **Mark S. Gold, MD**; "Delta-9-THC in the Treatment of Spasticity Associated with Multiple Sclerosis" by **J. Thomas Ungerleider, MD**, et al.

Thorough discussion of clonidine, "the first nonaddicting treatment for opiate dependency." Includes selective guide to current reference sources.

For scholarly scientific readers (e.g. the clonidine paper cites 102 references).



THE NEW DRUGS - Look-Alikes, Drugs of Deception and Designer Drugs

by **Richard Seymour, MA**, **David E. Smith, MD**, **Darryl S. Inaba, PharmD**, and **Mim J. Landry**
Hazelden, 1989, 164 pp.

A compact clearly written book for physicians and CD professionals. Seven chapters describe controlled substances and criteria for scheduling drugs; the four basic psychoactive drug categories; look-alikes and designer drugs; analogues and treatment issues (including fentanyl, meperidine, PCP, methaqualone, Quaalude); stimulants, cocaine and crack; MDMA; spirituality in treatment.

Perhaps particularly useful for the physician are the detailed suggestions for treatment: overdose as well as general detoxification.



WARNING: A Parent's Guide to In-Time Intervention in Drug & Alcohol Abuse

by **William C. Van Ost, MD** and **Elaine Van Ost**
Warner Books, 1988, 162 pp.

In his introduction, **Donald Ian Macdonald, MD**, then director of the White House Drug Abuse Policy Office, wrote: "This book is a must for any parent struggling with a problem with his or her adolescent, or even preadolescent; it is a must for anyone who knows of such a problem and cares enough to do something about it."

Fourteen chapters; clear, informal style, for lay readers by a pediatrician who cares.



AIDS: THE DRUG & ALCOHOL CONNECTION - What Health Care Professionals Need to Know

by **Larry Siegel, MD** and **Milan Korcok**
Hazelden, 1989, 105 pp.

Eleven chapters cover background and epidemiology of AIDS and HIV Spectrum Disease, interface between AIDS and drugs, diagnosing and counseling persons who are HIV positive, treating the AIDS/CD patients, infection control precautions, avoiding high risk behavior, HIV antibody/antigen testing (benefits and risks), liability and confidentiality issues in CD units, recovery from AIDS and addiction, CD Universal Precautions.

Dr. Siegel is chair of ASAM's AIDS and Chemical Dependency Committee. This handbook would be useful for any health care professional.

While clear enough for the layman, the writing is scientific enough to inform the physician. This book would be useful for those knowledgeable about AIDS as well as for those with little information or expertise about the disease.



PARKSIDE Medical Services Corporation

MEDICAL DIRECTOR Orlando, Florida

PARKSIDE Medical Services Corporation, a not-for-profit behavioral healthcare organization, provides a nationwide network of Chemical Dependency and Psychiatric treatment facilities.

Psychiatrist/Specialist in Addiction Medicine sought for clinical administration of 16 bed Chemical Dependency unit within a large community hospital. ASAM Certification is preferred and qualified candidates must be BC/BE in Psychiatry.

Opportunities are available for research, publishing and academic affiliations.

Call Winnie Tailer at (617) 639-1090 or send C.V. to PARKSIDE MEDICAL SERVICES CORPORATION, Little Harbor, Marblehead MA 01945. AA/EOE

REGIONAL NEWS

State Chapters

ASAM now has five official state chapters:
California, Florida, Georgia, Maryland, Ohio.

California

President of this largest of the ASAM chapters, at press time still called the California Society on the Treatment of Alcoholism and Other Drug Dependencies, is **Garrett O'Connor, MD**, of North Hollywood. President-elect is **P. Joseph Frawley, MD**, of Santa Barbara, who will take office during the society's annual meeting Nov. 11 in San Diego; secretary-treasurer is **Richard S. Sandor, MD**, of Marina Del Rey.

The Treatment Outcome Committee, chaired by Dr. Frawley, sent the California Society membership a major work for review and comments: variables that the committee believes should be included eventually in all treatment outcome studies.

"Over the past five years, the Treatment Outcome Committee has researched what is known about treatment outcome in the field of alcoholism and drug dependence," wrote Dr. Frawley. "Initially formed as a study group, we began by collecting, reading, and cataloging every article we could find which reported an outcome study. Our focus is on studies of treatment efficacy, comparing one type of treatment to another."

The variables include sample size, follow-up time, discharge accountability, patient characterization, continuing care

after the treatment. Areas include substance use, health, employment, legal, and family matters.

Among the many questions whose answers will particularly interest physicians in chemical dependency is: "How did the variables correlate with abstinence?"

After the California Society membership's comments are incorporated, the revised document will be sent for further review to organizations, including treatment facilities and third party carriers, that might be affected by its recommendations. According to executive director Gail Jara, the California Society hopes that the document will eventually be published as a position statement of that organization.

"We began by collecting, reading and cataloging every article we could find which reported a treatment outcome study."

Florida

Chapter president **Richard Tyson, MD**, announces the 3rd annual state meeting January 26-28, 1990, at the Radisson Hotel in Orlando, Florida, near Disney World ... FMSAODD (Florida Medical Society on Alcoholism and Other Drug Dependencies) is now officially FSAM (Florida Society of Addiction Medicine) in accordance with ASAM's name change from AMSAODD ... FSAM annual membership dues are \$50.

Ohio

The Ohio Society of Addictive Medicine (OSAM) president is **Craig T. Pratt, MD**, of Newark; secretary-treasurer is **Allen L. Strauss, MD**, of Cincinnati.

OSAM News, the state chapter's newsletter, made its debut in June 1989, and reported that Ohio is the ninth largest state in ASAM membership population ... 15 Ohio physicians passed the AMSAODD certification exam given in Dec. 1988 ... 34 physicians attended OSAM's "historic first state meeting" in Cleveland on March 31: ... OSAM plans to set up 11 committees and three subcommittees ... OSAM annual membership dues are \$35.

Georgia

Another state chapter launched a newsletter: the first issue of *Georgia ASAM News* was published in July.

New president of the Georgia chapter of the American Society of Addiction Medicine (GASAM) is **Paul H. Earley, MD**, of Atlanta, who succeeds **Al J. Mooney III, MD**, of Statesboro; secretary-treasurer is **Elizabeth Howell, MD**, of Atlanta ... State chapter's fall meeting is scheduled for Sept. 29 - Oct. 1 at the King and Prince Hotel, St. Simons Island, Georgia (Info from Dr. Earley, (404) 636-2766) ... All GASAM members are members of ASAM ... GASAM annual dues \$35; house staff \$15; medical student \$5.

Other State News

Illinois

A meeting for Illinois members of ASAM is scheduled for Saturday, Sept. 23, at 5:30 PM, The Westin Hotel, Chicago (909 North Michigan Avenue, Regent III Room). ASAM's Nicotine Dependence Conference will be meeting at the Westin that week, but it is not mandatory to attend both events.

The agenda includes discussion about starting an ASAM state chapter in Illinois.

RSVP's to Hermese Bryant at (312) 848-6050.

State chair is **James C. Leonard, MD**.

AHA Solicits Speakers for Annual Conference

The American Hospital Association Section for Psychiatric and Substance Abuse invites proposals for presentations at its annual conference, *Into the 1990s: A Blueprint for Tomorrow, Management of Psychiatric and Substance Abuse Services*. The conference will be in San Francisco May 31-June 2, 1990.

According to the AHA this conference "attracts hundreds of multidisciplinary mental health professionals from hospital-based psychiatric and substance abuse programs."

ASAM executive director James F. Callahan told *ASAM News* that "the AHA annual meeting is a valuable way for our members to reach the AHA constituency."

Deadline for submitting abstracts is Oct. 1, 1989. For further information and a presentation application form, phone Susan Purdie at (312) 280-6650.

[American Hospital Association, 840 N. Lake Shore Drive, Chicago, IL 60611]

Psychiatrists and Primary Care Physicians needed for full/part-time in OH, MS, IL, VA, PA & other states. Competitive salaries, professional environments. Contact: ANNASHAE CORP., 6593 Wilson Mills Rd, Mayfield Vlg, OH 44143. 216-449-2662.

OPPORTUNITIES AVAILABLE

Psychiatrists & Addictionists

Send resume or call:
Jean Walker

StarMed Associates

2701 N. Rocky Pt. Dr., Ste 100
Tampa FL 33607; 1-800-StarMed

Internist Addictionist

sought for inpatient/outpatient hospital based chemical dependency treatment program in Long Island, NY. Program emphasis on excellence in clinical medicine. Research opportunities. competitive compensation. CV to: PO Box 598, Amityville, NY 11701

**PARTNERS
PRACTICING
GOOD MEDICINE.**

The Southern California Permanente Medical Group is a well-established, prepaid health care program. Our multispecialty group practice is a partnership composed of and managed by SCPMG physicians

We are currently accepting applications from board eligible/certified **Psychiatrists** and **Internists** with expertise in Chemical Dependency.

Our compensation is competitive and benefits are outstanding. They include: professional liability, medical and dental coverage, vacation and sick leave, continuing education, life insurance and retirement plans. **After two years full-time employment, physicians are eligible to be considered for partnership.**

For a physician application, please call (800) 328-5278. If calling from outside of California, please call (800) 541-7946 or send your curriculum vitae to: Ronald Fitzgerald, M.D., Physician Recruitment, Dept. 010, Walnut Center, Pasadena, CA 91188-8013.

Equal Opportunity Employer



KAISER PERMANENTE
Good People. Good Medicine.

ADDICTIVE DISEASE

Addictive Disease physician to work in freestanding hospital in Southeast in various sunbelt locations with twelve step model program.

Good starting salary and excellent fringe benefits package.

Please write: Psychiatric Health Services, 830 Mulberry Street, Suite 301
Macon, GA 31201

ATTENTION: Paul R. Coplin, M.D.

Or call Toll Free: 1-800-544-6693

The national best seller, **Rx FOR ADDICTION**, is required reading in treatment centers nationwide. Discounts for treatment centers.

Order copies from:

Glenda Guest Publishing
2000 North Old Hickory Trail
DeSoto, Texas 75115



ASSOCIATE MEDICAL DIRECTOR

ADDICTION MEDICINE - Outstanding opportunity for well-trained, BC/BE physician experienced in addiction medicine. Prestigious hospital system with high quality inpatient and outpatient addiction programs. Charming, picturesque southeastern community. Excellent quality of life. Contact:

Carol Westfall, Recruitment Director

Cejka & Co., 222 So. Central Ave., Suite 400

St. Louis, MO 63105

Phone: 800/678-7858

LETTERS TO EDITOR

Dear Editor:

As a newly elected ASAM Board member (Region IX-International) I would like to report to the membership that I was impressed by the extent of the board's overall national involvement in the field of alcoholism and other drug dependence.

The two-day June planning meeting in Chicago covered an amazing range of topics. These included assessment and quality control of standards of care; ASAM certification; specialty status of addiction medicine; public policy and public relations; medical school curriculum's sad lack of training in addiction medicine; reimbursement for addiction medicine services. All these and more issues were raised by brainstorming in four separate committees, which then reported back to the board with their goals, objectives, and recommendations.

I had no idea of the scope and extent of board activities, and I'm very excited to be involved.

Elmer H. Ratzlaff, MD
Vancouver, BC, Canada

Hawaii In January

5th Annual
**PACIFIC INSTITUTE
OF
CHEMICAL DEPENDENCY**

January 4 and 5, 1990
*"Recent Medical/Scientific
Information"*

"Character Defects in Recovery"
Joseph A. Pursch, MD

"Carbamazepine Withdrawal of Benzodiazepine Dependence" and "Dual Diagnosis"

Richard Ries, M.D.

"Gerontologic Addictionology"
Vicki Raines

"Medical Aspects of Alcoholism
Update - Markers, Withdrawal"
William F. Haning III, M.D.

TO REGISTER:

Pacific Institute of Chemical
Dependency, Inc.
PO Box 1233, Kailua, Hawaii 96734
Phone: (808) 262-0742

Dear Editor:

In response to the letter by **Steven D. Martin, MD** (*AMSAODD News, Nov.-Dec. 1988*) and his suggestion to eliminate glutethimide [Doriden]:

I chair the committee on drug abuse for the Medical Society of the State of New York. I am also a member of AM-SAODD [now ASAM].

Since the new benzodiazepine law was introduced into New York State on Jan. 1, 1989, putting all benzodiazepines on triplicate prescription, there has been a 60% decrease in prescribing of this relatively safe category of drugs. The New York State Health Department points with pride to this marked decrease. These drugs are generally safe to take short term (less than six months) with the exception of individuals who have the disease of alcoholism and other forms of chemical dependency.

The representatives of the New York State Health Department, however, have had to admit, as many predicted, that with the use of the feared and much despised triplicate prescription, there has been a marked *increase* in the prescribing of more dangerous drugs such as methyprylon (Noludar), ethchlorvynol (Placidyl) and meprobamate (Equanil, Miltown). These are drugs which **Herbert S. Peyser, MD**, suggested be placed in Schedule I (no medical uses) in the schedule of controlled substances in New York State [*AMSAODD News, Jan.-Feb., 1989*]. Although many people would disagree with a Schedule I category, now that these drugs are being "resurrected" there may be greater impetus to move to add them to a higher schedule.

A whole new generation of young physicians is unaware that methyprylon, ethchlorvynol, and meprobamate are dangerous drugs, known for rapid dependence and severe withdrawal accompanied by grand mal seizures. I have seen a number of patients, formerly on low dose benzodiazepines, who have been switched over to these much more dangerous sedative hypnotics.

Ronald J. Dougherty, MD
Brewerton, NY

SECAD 1989

Come Share the Experience!
The Southeastern Conference on
Alcohol and Drug Abuse
Nov. 29 - Dec. 3, 1989
Atlanta, Georgia
800-845-1567 912-742-1161
CME credits applied for

ALAN R. ORENBERG
PROFESSIONAL RECRUITER
SPECIALIZING IN PLACEMENTS IN
TREATING ADDICTIVE DISEASE

603 WATER STREET
SAUK CITY, WI 53583
(608) 643-3940

Lic. by State Wisconsin • Inquiries Invited

Meetings sponsored or co-sponsored by ASAM (formerly AMSAODD) (one-time listing for co-sponsored conferences).

For conference listing on this calendar, please send information directly to Lucy B. Robe, editor, at least three months in advance.

- ◆
- **Nat'l Adolescent Treatment Consortium's 5th Annual Conference: San Francisco, Sept. 6-9.**
Trinity Treatment Corp., 1169 Market St, Ste 808,
San Francisco, CA 94103
Phone: (415) 255-2191
- ◆
- **AMSAODD (now ASAM) 2nd National Conference on Nicotine Dependence: Chicago, Sept. 21-24.**
ASAM, Ste 204, 6525 West North Ave, Oak Park, IL 60302.
Phone: (312) 848-6050
- ◆
- **AFTERCARE: The Fragile Link: Boca Raton, FL, Sept. 27-30.**
Anon Anew, 2600 N.W. 5th Ave, Boca Raton, FL 33431.
Phone: 800-368-6222
- ◆
- **The Addicted Woman - Identification and Recovery: Boston, Sept. 28.**
Lisa Marie Lewis, Conference Coordinator, Faulkner Hospital,
Allandale at Centre St, Boston, MA 02130.
Phone: (617) 522-5800
- ◆
- **GASAM (Georgia Chapter of ASAM) 1st Annual Fall Conference: St. Simons, GA, Sept. 29 - Oct. 1.**
Ste 104, 1996 Cliff Valley Way, Atlanta, GA 30329
Phone: (404) 636-2766
- ◆
- **RECOVERY CONNECTION '89: Hunt Valley, MD, Oct. 4-8.**
Mrs. Pat Hitchcock, Conference Coordinator, Kelly Productions Inc.,
8 Howard St, Aberdeen, MD 21001.
Phone: 800-638-5430; (301) 272-1975
- ◆
- **Seminar on Addiction: Cruise in The Mediterranean, Oct. 5-15.**
Agency International, 22 Lenox Pointe N.E., Atlanta, GA 30324
Phone: (404) 266-2200 or
: (912) 638-5530 (Conway Hunter, Jr., MD)
- ◆
- **AMA Nat'l Conference on the Prevention of Family Violence and Victimization: Chicago, Oct. 5-7.**
Dept. of Mental Health, American Medical Association,
535 North Dearborn St, Chicago, IL 60610.
Phone: (301) 645-5000

ASAM CALENDAR

Information about ASAM co-sponsorship of conferences from Claire Osman, ASAM-New York.

- ◆
- **ASAM (was AMSAODD) State of the Art in Addiction Medicine (The 1989 ASAM Review Course):**

Orlando, FL, Oct. 19-21.

ASAM, 12 W. 21 St, New York, NY 10010.

Phone: (212) 206-6770

- ◆
- **Midwest Addictions Conference 1989: Detroit, Oct. 25-28.**

Samaritan Health Center, Nelson Bradley Bldg, 5555 Connor,
Detroit, MI 48213.

Phone: (313) 579-4925

- ◆
- **AMERSA 1989 Nat'l Conference on Medical Education and Research in Drug and Alcohol Abuse: Rockville, MD, Nov. 7-10.**

Susan Paquin Simpson, AMERSA Coordinator, Brown Univ. Center
for Alcohol & Addiction Studies, Box G, Providence, RI 02912.

Phone: (401) 863-3173

- ◆
- **State of the Art in Addiction Medicine (The 1989 California Society Review Course):**

San Diego, CA, Nov. 9-11.

California Society for the Treatment of Alcoholism & Other Drug
Dependencies, 3803 Broadway, Oakland, CA 94611.

Phone: (415) 428-9091

- ◆
- **ASAM Region 3 (Northeast) Annual Meeting: Providence, RI, Nov. 18.**

David Mee-Lee, MD, Parkside, Little Harbor, Marblehead, MA 01945.

Phone: (617) 639-1090

- ◆
- **ASAM (was AMSAODD) 4th National Forum on AIDS & Chemical Dependency: Miami, FL, Feb. 21-24, 1990.**

Conference Information (AIDS) PO Box 81691, Atlanta, GA 30366.

Phone: (404) 458-3382

- ◆
- **ASAM (was AMSAODD) Annual Medical-Scientific Conference: Phoenix, AZ, Apr. 26-29, 1990.**

ASAM, 12 W. 21 St, New York, NY 10010.

Phone: (212) 206-6770

Reminder: No ASAM Certification Exam in 1989. Next exam Dec. 1990.

ASAM
American Society of
Addiction Medicine
12 West 21st Street
New York, NY 10010

First Class Mail
U. S. Postage Paid
Permit 45
Cold Spring Harbor, NY 11724

FIRST CLASS MAIL