# AVISAODD NEWS

American Medical Society on Alcoholism & Other Drug Dependencies

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# AMSAODD WINS SEAT IN AMA HOUSE OF DELEGATES

It was the morning of June 28.

The Speaker of the House had just asked delegates to the 1988 annual meeting of the American Medical Association to vote on whether the American Academy of Pain Medicine should be admitted to the AMA as a national medical specialty society.

The delegates had responded with a resounding "no."

Jess Bromley, MD, who had spent the previous three days actively lobbying state delegations in their caucuses, turned to me apprehensively and remarked, "That doesn't bode well for us."

Even though the AMA Board of Trustees and the Reference Committee had recommended approval for both the Academy of Pain Medicine and AMSAODD, this was the first time that either medical society had applied for House membership. Rarely has an organization made it on the initial try.

Now it was AMSAODD's turn. The reference committee chairman intoned, "Mr. Speaker, your reference committee recommends that the American Medical Society on Alcoholism and Other Drug Dependencies, Inc., be granted representation in the House of Delegates."

Sensing possible trouble because of the previous vote, a delegate from California sprang to a floor microphone to make a brief but cogent supporting statement.

Then came the voice vote.

The Speaker did not feel sure about the decision, "All in favor, please raise your right hands."

An estimated 300 of the 420 delegates responded. AMSAODD was in.

Dr. Bromley was immediately seated as AMSAODD's delegate. He proceeded to take part in the business of the House during the next two days, including commenting on reports and resolutions dealing with alcoholism and other drug abuse.

# Prerequisites

AMSAODD had made formal application for representation in the AMA House late in January. Nine objective guidelines, such as having at least 1,000 AMA members, were met.

Three subjective guidelines were also stipulated:

- "The organization must represent a field of medicine that has recognized scientific validity, or must serve physicians in some capacity related to their professional activities;"
- "The organization must represent a perspective on the practice of medicine in an area of expertise which would contribute to the policy making processes of the House of Delegates;"
- "A substantial number of the physicians practicing within that field of medicine must be members of the organization."

In the weeks preceding the AMA annual meeting, AMSAODD members contacted individual delegates to urge support and to stress the following points:

- AMSAODD is the nation's foremost association of physicians who practice in addiction medicine;
- On two recent occasions, the AMA House of Delegates encouraged AMSAODD to undertake and maintain its current scope of activities;
- Addiction medicine is a bona fide area of medical practice;
- Increased attention, both public and professional, is being focused on alcohol and other drug problems.

(continued on p. 2)

(continued from p. 1)

# Instrumental AMSAODD Members

Among the AMSAODD members who talked and wrote to AMA delegates were Drs. Lisa Sparks in Arizona, Roger A. Goetz in Florida, Al J. Mooney III in Georgia, Ronald F. Pike in Massachusetts, Richard Morin in Michigan, Doyle P. Smith and James C. Funderburg in Mississippi, David I. Canavan in New Jersey, Stanley E. Gitlow in New York, James F. Alexander in North Carolina, Jasper G. Chen See and Jean L. Forest in Pennsylvania, Robert F. Hay in Oklahoma, Jose Abreu-Elias in Puerto Rico, David T. Dodd in Tennessee, J. T. Payte in Texas, Charles G. Smith in Virginia, James W. Smith in Washington, and Roland E. Herrington in Wisconsin.

Dr. Max A. Schneider contacted delegates in California and other states. Dr. Rogers J. Smith, formerly in the AMA House of Delegates, wrote to over 150 of his fellow delegates still in the House.

Speaking at the Reference Committee hearing along with Dr. Bromley were Drs. Lee H. McCormick, alternate AMA delegate from Pennsylvania, and former AMSAODD member Joseph H. Skom, alternate delegate from Illinois and a member of the AMA Council on Scientific Affairs.

Finally, Dr. Patrick Stodola of Chicago, pleading AMSAODD's cause before the Illinois delegation, succeeded in turning several votes around in what previously had been fairly obdurate opposition there to admitting any additional group.

All in all, this was truly a team effort.

# And what does it all mean?

It means that AMSAODD, through its delegate, can introduce and act on House resolutions, and can vote for AMA officers and members of councils and committees.

It means that AMSAODD has joined 75 other national medical specialty societies in the AMA.

Perhaps most important, it means--by implicationthat addiction medicine itself is now a recognized specialty.

> E. M. Steindler, Executive Director AMSAODD

WHEN THE "MERRY-GO-ROUND" ISN'T SO MERRY ANYMORE

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And all supported by an extensive aftercare network designed to serve client needs throughout transition and into that new way of life.

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# COMMITTEE

# AMSAODD Members Respond on Criteria

The lack of clinically sound admission, transfer and discharge criteria is causing AMSAODD members much time and stress in dealing with utilization reviewers, PRO's, and reimbursement agencies.

Twenty-three members answered our questionnaire in the March newsletter.

▲ Over half the respondents experience reimbursement denials for diagnosing "substance abuse" (versus "substance dependence"). Comments:

"Substance abuse" not reimbursable:

PRO denials:

Inpatient vs. outpatient and length-of-stay (LOS) depends on "abuse" vs. "dependence."

▲ About a third of the respondents are having problems since the removal of DRG exemption last October.

Comments:

Criteria unrealistic for clinical needs;

LOS limitations forces some patients out too early in both detox and rehab phases;

Rigidity of the DRG system and PRO application of admission guidelines results in denials for some patients who have not failed at outpatient treatment, yet who need inpatient treatment;

There is an impulse to diagnose ailments other than alcoholism as primary, to allow more time for care.

- ▲ Respondents asked the Standards & Economics of Care Committee to look at:
- Admission, continuing care and discharge criteria:

LOS and denial of days for detox/rehab; criteria for cocaine patients; unrealistic criteria; PRO and Medicare guidelines; day program vs. inpatient vs. residential criteria.

 Utilization Review and Managed Care problems:

Ignorance of reviewers about addiction medicine; confidentiality issues; qualifications and standards which define who should be reviewers; questions about the integrity of some managed care companies contracted by insurance companies.

 Problems with the acceptance of addiction as a primary disease, and treatment programs and addiction medicine specialists as reimbursable:

Poor reimbursement for outpatient and continuing care; addiction illness being under mental illnesses in some policies, resulting in "50% denial rate;" no reimbursement for detox unless as part of treatment of another medical problem; limited coverage in Federal policies and none in some third party payors; lack of reimbursement if patient in addiction unit vs. medical unit; refusal to pay for some patients because of designation as "preexisting illness."

· Miscellaneous:

Polydrug addiction; THC; concurrent medical problems; relapse prevention; dual diagnosis; Outcome Committee of the California Society.

Thanks to those who responded. Please send further comments, questions, or suggestions to me at: Monarch/Parkside, Little Harbor, Marblehead, MA 01945

David Mee-Lee, MD, Chair Standards & Economics of Care

#### CHARTER MEDICAL CORPORATION

Alcohol and Addictive Disease Programs

Practice opportunities are available with Charter Medical free-standing hospitals for physicians with an interest in, or experience treating, patients who suffer from alcoholism and other addictive disease.

Positions are available throughout the country including the following locations:

- · Richmond, VA
- · Ft. Myers, FL
- · Mobile, AL
- Atlanta, GA
- Corpus Christi, TX
- · Dallas, TX
- · Colby, KS
- Tucson, AZ
- · Ocala, FL
- · Lake Charles, LA
- Columbia, MO
- Overland Park, KS

For consideration and additional information about these or other practice opportunities, please contact:

Ms. Donna Gabel, Charter Medical Corporation 577 Mulberry Street, P.O. Box 209, Macon, GA 31298 Phone: 1-800-841-9403 or 1-800-342-9660 (Georgia only) COMMUNITY PSYCHIATRIC CENTERS, an international hospital corporation providing psychiatric and chemical dependency treatment services seeks Medical Program Directors, Psychiatrists and Addictionologists to work with our Alcohol and Drug Division. We have 37 hospitals in the United States providing outstanding chemical dependency and dual diagnosis clinical programs for our adult and adolescent patients. Assistance in establishment and development of private practice is available.

Psychiatric hospital locations seeking Alcohol/Drug and Dual Diagnosis Medical Program Directors include:

- · Wichita, KS · Sacramento, CA · Fresno, CA · Baton Rouge, LA
- Ft. Lauderdale, FL Palm Bay, FL San Bernardino County, CA

CounterPoint Center of Old Orchard, a new freestanding 74-bed residential chemical dependency treatment facility in Chicago, IL, is seeking a Medical Director.

Psychiatrists and Addictionologists interested in private practice with chemical dependency and/or dual diagnosis patients, being sought for freestanding psychiatric hospitals in Salt Lake City and Boise, ID.

For more information about CPC hospitals in these locations, descriptions of our clinical program services, and our exciting growth opportunities in the field of chemical dependency and dual diagnosis treatment, write or call:

Jill S.Brandenburger, Assistant Vice President
Alcohol & Drug Division
Community Psychiatric Centers, 24502 Pacific Park Drive
Laguna Hills, CA 92656
Phone: (714) 831-1166

Joseph A. Pursch, M.D. Corporate Program Consultant CPC Alcohol & Drug Division





THIRD WESTERN CONFERENCE ON ALCOHOLISM AND OTHER DRUG DEPENDENCIES

OCTOBER 5-8, 1988
RCBSON SQUARE MEDIA CENTRE
800 Robson Street, Vancouver, British Columbia

#### SPEAKER PRESENTATIONS

- "MY NAME IS SHAME" Father Leo Booth, C.A.C.
- "OVERVIEW: ADOLESCENT CHEMICAL DEPENDENCE."
  Martha A. Morrison, M.D.
- "WHY SHOULD MEDICINE BE INVOLVED IN THE TREATMENT OF ALCOHOLISM?" Stanley E. Gitlow, M.D.
- "CRITICAL ISSUES AND PROBLEMS RELATING TO EMPLOYEE ASSISTANCE PROGRAMMES." joe Pursch, M.D.
- "UPDATE ON CURRENT RESEARCH:
  ROLE OF GENETICS IN THE EXPRESSION
  OF ALCOHOLISM."
  Marc Schuckit, M.D.

#### FACULTY;

FATHER LEO BOOTH, G.A.C MILLICENT BUNTON, R.N STANLEY E. GITLOW, M.D. FRED HARDER, M.D. DARRYL S. INABA, Pharm. D. DAMIEN M. ELRATH, Ph.D. MARTHA A. MORRISON, M.D. PATRICK PUAL, M.A., C.D.S. II. JOE PURSGII, M.D. FLMER H. RATZLAFF, M.D. DAVE REYNOLDS, Ph.D. MARG SCHUCKTI, M.D.

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### WORKSHOPS

- "COMPONENTS OF A SUCCESSFUL RESIDENTIAL TREATMENT PROGRAMME: THE A.A. PROCESS AND SPIRITUALITY:" Damien McElrath, Ph.D.
- "SPECIAL TREATMENT ISSUES: ADOLES-CENT GHEMICAL DEPENDENCE."
   Martha Morrison, M.D.
- "STANDARDS OF CARE IN THE DETOX-INICATION OF ADDICTED PATIENTS" Darryl Inaba, Pharm. D.
- "THE TREATMENT OF ALC: HOLISM BY THE PRIMARY CARE PHYSICIAN." Stanley E. Gitlow, M.D.
- "VICTIM'SATION: LET THE HEALING BEGU
  Patrick Paul M.A. C.D.S. II
- "DUAL DIAGNOSIS: PREVALENCE, RECOGNITION AND TREATMENT ISSUES:" Marc Schuckit, M.D.

FOR MORE INFORMATION, CONTACT:

MARGARET WOODWARD, A.M.W. OR DEBORAH WOODLEY, R.N.

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# **ABOUT MEMBERS**

# Do You Know Your Region?

The final two digits on the right (01 through 09) are your region. Lists of states that compose each region are on page 4 of the AMSAODD Membership Directory.

### **New Members**

The following physicians joined or rejoined AMSAODD after both the 1988 membership directory and the May issue of this newsletter went to press.

Evan T. Andrade - Orlando, FL Charles H. Barker - Houston, TX William Ray Bartley - Alton, IL James B. Dolan - West Allis, WI Steven G. Dulla - Chandler, AZ Armin I. Feldman - Denver, CO Silvia E. Flores - Glastonbury, CT Paul B. Giordano - Buffalo, NY Karen M. Gosen - La Crosse, WI Mohammed Ismail - Waterford, NY Michael Kell - Altanta, GA William D. Levitt - Lapeer, MI Grant Peoples - Aurora, CO Ameel G. Rashid - Peoria, IL Kelly Reid - Pomona, NJ John J. Renouf - Regina, Sask, Canada Therese Rouse - Saranac, MI Seddon R. Savage - Bradford, NH Richard C. Scatterday - Irving, TX Frank L. Schmid - Saranac, MI Denese O. Shervington - Casselberry,

Richard Sulman, Quebec, Canada Henry R. Taxdal - Braadenton, FL Therese Techman - Atlanta, GA William Ubinger- Pittsburgh, PA Ransome R. Williams - Worthington,

Dennis E. Wolf - Dickinson, ND

# AMSAODD NEWS

#### Editor:

Lucy Barry Robe 15 Ridge Road Cold Spring Harbor NY 11724 Phone: (516) 367-6692

#### AMSAODD New York:

Claire Osman 12 West 21st St New York, NY 10010 Phone: (212) 206-6770

#### AMSAODD Chicago:

E. M. Steindler 6525 West North Avenue Oak Park, IL 60302 Phone: (312) 848-6050

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or H. Bryant, AMSAODDChicago.

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Call/write H. Bryant,
AMSAODD Chicago.

#### Letters to Editor:

Lucy Barry Robe 15 Ridge Road Cold Spring Harbor, NY 11724

 American Medical Society on Alcoholism & Other Drug Dependencies

ISSN # 0889-9215

#### **SECAD 1988**

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912-742-1161

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#### POSITION WANTED

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Phone: (212) 340-6960

# Psychiatrists and \*Primary Care Physicians

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#### Phone:

(617) 446 - 6945 Toll free (outside Mass.) 1 - 800 - 633 - 4759

# **BOOK REVIEWS**

# ■ Guidelines for Facilities Treating Chemically Dependent Patients at Risk for AIDS - Revised Edition

Prepared by AMSAODD, 20 pp. (booklet)

One copy mailed free to every AMSAODD member.

Quantity prices: 1-9: \$1.75 each; 10-99: \$1.50 each;

100+: \$1.00 each.

plus postage & handling

Published June 1988 by AMSAODD All distribution will be through:

> ProHealth, 4110 Bayview Drive Ft. Lauderdale, FL 33308 Phone: (305) 561-5352

Expanded to 20 pages from 13, new chapters list pros & cons of HIV testing, sample HIV testing consent form, expanded infection control procedures for health care workers and others caring for AIDS patients in the community.

These *Guidelines* were originally published by AMSAODD in 1987. Both versions of the booklet were prepared by AMSAODD's AIDS and Chemical Dependency Committee, chaired by Larry Siegel, MD

Target: Staff in CD and other health care facilities, hospitals, private physicians' offices and clinics, people caring for AIDS patients, patients infected with HIV, families of AIDS patients, anyone in the addictions field.

# ■ Chemical Dependency in Nursing:

The Deadly Diversion
by Eleanor Sullivan, PhD, RN
LeClair Bissell, MD, CAC

and Etta Williams, RN, MPA, CAC Addison-Wesley Publishing Company, 196 pp. Price: \$14.95 (paperback)

This book offers two perspectives: the individual chemically dependent nurse, and the nursing profession's responsibility and options for dealing with the problem.

The authors clarify the meaning of chemical dependency and present the unique characteristics of the problem in nurses. Its prevalence in the nursing profession is illustrated by three methods: surveys, licensing statistics, and treatment sources. Some of the difficulties in achieving accurate numbers are also identified.

Chapters 2 through 6 take us through the signs and

symptoms that identify the chemically dependent nurse, to intervention, treatment, and re-entry into the profession. An outline of signs and symptoms simplifies identification. A negative intervention is contrasted with a correct approach, and illustrates why one results in nurses getting help, while the other results in nurses retiring with their illness untreated. In an area about which little has been written--re-entry--the authors show their expertise by emphasizing the importance of this phase of treatment.

The second section of the book relates to the nursing profession through a discussion of employee assistance programs, disciplinary actions, drug testing and ethical considerations. The profession is challenged to "look to the future" and identify the need for changes.

Appendices include practical materials such as a model curriculum on chemical dependency, a model agreement between employee and hospital, and information on how to initiate a program to assist nurses. There is also an extensive bibliography.

Chemical Dependency in Nursing is a worthwhile addition to the chemical dependency field, and should enhance the nursing profession's approach to the problem. It was a privilege for me to review the book.

Dolores A. Morgan, RN, MA, MD Miami, FL

# Alcoholism: A Practical Treatment Guide; Second Edition

Edited by Stanley E. Gitlow, MD Herbert S. Peyser, MD

Grune & Stratton, 245 pp. Price: \$22.50, (paperback)

The first edition of this book was published in 1980.
Along with the two editors, contributors who belong to AMSAODD include Drs. Richard A. Baum, LeClair Bissell, Marvin A. Block, Robert D. Fink, Vernelle Fox, Frank L. Iber, David H. Knott, Robert D. O'Connor, Herbert S. Peyser, Joseph A. Pursch, Frank A. Seixas, Joseph J. Zuska.

Dr. Peyser has written a new chapter on clinical psychiatry and alcoholism, and has extensively revised his chapter on counseling. Other major revisions are the chapters on medical complications and on women. And, as Gitlow and Peyser wrote in their new preface, "In the present edition ... the contributors strove to weave the complexity of multiple drug use into the diagnosis, evaluation, and treatment of the alcoholic."

ADDICTIONOLOGY FELLOWSHIP

Division of Chemical Dependency, Milwaukee Psychiatric Hospital, in affiliation with Dept. of Psychiatry, Medical College of Wisconsin, and our private practice group.

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Alcoholism/Chemical Dependency Service, Dept. of Internal Medicine Geisinger Medical Center, Danville, Pennsylvania 17822

Phone: (717) 271-6165

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Garry Saff, Managing Director, Live Oak Hospital, 110 Medical Drive Victoria, Texas 77904 Ph: (512) 576-0814

# Alcohol/Drug Dependent Women:

New Insights into their Special Problems, Treatment, Recovery by Sheila B. Blume, MD

Johnson Institute, 48 pp. Price: \$3.25 (booklet)

Few publications about the special needs of chemically dependent women are as perceptive and succinct as this new work by Dr. Sheila Blume. I frequently reference it in my teachings.

The comprehensive booklet covers:

- the epidemiology of women's use of alcohol/drugs, including patterns of abuse, fetal alcohol syndrome, and the hereditary, physical, psychological, and social factors in their historical context;
- clinical aspects including the course, symptoms, diagnosis, subtypes, and causes of alcohol/drug problems in women;
- considerations relevant to prevention, short and long-term treatment, and recovery from alcohol/drug problems.

Dr. Blume summarizes the pertinent research about each topic. Then she contrasts these findings with our knowledge of chemical dependency in men, and makes sound recommendations for applying the data to clinical practice.

Chemically dependent women are a poorly identified and infrequently studied population. Needed to augment current addiction services for women are specifically designed and culturally sensitive outreach, support and therapy groups, medical and gynecological services, AIDS prevention and treatment, financial management, vocational training, child care services, pre- and postnatal care, and parent effectiveness training.

Dr. Blume details investigations about women's use of alcohol as a mind-altering substance which form the basis of her prevention and treatment recommendations. In the future we need similarly developed research about similarities and differences between women's use of alcohol and other drugs of abuse.

Lori D. Karan, M.D Richmond, VA

# American Medical Society on Alcoholism & Other Drug Dependencies, inc. April 21-24, 1988 Arlington, VA

On Audiocassette Tapes

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		ASSESSMENT AND MANAGEMENT OF PROTRACTI ABSTINENCE SYMPTOMS IN ALCOHOLICS, D. Brize R. Castaneda, A. Weintraub, J. Sperber	CS, D. Brizer, D. Gallant, G. Woody		lanter, L. Kofoed,	
	AW168-12AB \$16.00 (2 tapes)	DUAL DIAGNOSIS ADOLESCENT: A TREATMENT M INPATIENT - DAY HOSPITAL AND OUTPATIENT, T. S. Smith, D. Haynes, A. Schneider, W. McAda, L. Craw	Blocher,	\$16.00 (2 tapes)	B NICOTINE DEPENDENCE, J. Slade, P. Nicotine & Nicotine Replacement, J. H Nicotine Dependence in Clinical Practic.T. Orleans; Preventing Nicotine Depe	enningfield; Treating ice: What Works,
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		R. Millman; Discussant, M. Bean-Bayog		\$16.00 (2 tapes)	B ANTAGONISTS: BASIC RESEARCH A CATIONS, P. Cushman, Jr., Antagonists A.T. McLellan; Studies on the Opioid M Buprenorphine, G. Bigelow; A Fresh Lo Mixed Agonist-Antagonist, T. Kosten, F	- Recent Observations ixed Agonist-Antagonis ook at Naltrexone &
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NEW BOOKS

review copies to editor at same address for consideration by Publications Committee.

Bean-Bayog, Margaret, MD: A Doctor Talks About Alcoholism NCA--National Council on Alcoholism, New York 11 pp., \$1.00

Bean-Bayog, Margaret, MD, and Stimmel, Barry, MD, Eds. Children of Alcoholics A special issue of the journal Advances in Alcohol & Substance Abuse, Vol. 6, No. 4, The Haworth Press, New York, \$17.95

Cermak, Timmen L., MD: Diagnosing and Treating Co-Dependence: A Guide for Professionals Who Work with Chemical Dependents, Their Spouses and Children Companion to the video, Johnson Institute, Mpls., 112 pp., \$8.95

Gold, Mark S., MD: Cocaine, Clinician's Handbook

Edited by Dr. Gold and Arnold M. Washton Guilford Publications, Inc., New York, 262 pp., \$26.95

Nace, Edgar P., MD: The Treatment of Alcoholism Brunner-Mazel, Inc., New York, 284 pp., \$50.00

Siegel, Larry, MD, Ed.: AIDS and Substance Abuse

A special issue of the journal Advance in Alcohol & Substance Abuse, Vol. 7, No. 2, The Haworth Press, New York, \$22.95

Smith, David E., MD and Richard Seymour: Drugfree, A Unique Positive Approach to Staying Off Alcohol and Other Drugs

Facts on File, New York, 265 pp., \$17.95

# NEW JOURNAL

Journal of Substance Abuse (see adv. this page)

Submit manuscripts to Michael R. Liepman, MD, or Ted D. Nirenberg, PhD, Addiction Treatment Center, 116A6 Davis Park VA Medical Center, Providence, RI 02908. Phone: (401) 273-7100,

Dr. Liepman is an associate editor, AMSAODD members on the editorial board include: Drs. Mark S.Gold, Donald W. Goodwin, Charles S. Lieber, and Marc A. Schuckit.

Ext. 3546.

# JOURNAL OF SUBSTANCE ABUSE

This important new journal offers professionals in diverse areas new perspectives and insights into the area of substance abuse. Often in the past, research has focused on one particular substance of abuse with only limited exposure to the scientific findings regarding the other substances. There appear to be numerous similarities among various addictions that can be central to an integrative approach to their study and treatment. Some of the differences become important clues to understanding more about the addictive process.

The JOURNAL OF SUBSTANCE ABUSE contains up-todate research reports, critical reviews of the literature, short reports of preliminary observations, and editorial comments. The journal contains contributions from the biological and psychosocial disciplines; and focuses on the abusable psychoactive drugs, including alcohol, caffeine, and nicotine, and eating disorders. Articles cover basic science, clinical issues, treatment, prevention, and public policy. This publication is a useful and valuable resource for clinicians, public health workers, policy makers, and investigators pursuing different branches of this rapidly growing field.

The JOURNAL is quarterly and the first issue has been published. The personal subscription is \$29.50 and \$75.00 for institutions. (All subscriptions must be prepaid; add \$12.00 for postage and handling outside the U.S. and Canada.)

Editor: TED D. NIRENBERG, Director, Addiction Treatment Center, VA Medical Center, Providence RI, and Dept. of Psychiatry & Human Behavior, **Brown University** 

Associate Editors: Rudolf H. Moos, Stanford University School of Medicine and Michael R. Liepman, VA Medical Center, Providence, RI

#### ARTICLES APPEARING IN THE FIRST ISSUES INCLUDE:

- · Alcohol Control Policies and Drinking Patterns: An International Game of Politics Against Science, Dwight B. Heath.
- Science is in the Details: Towards a Nuanced View of Alcohol Control Studies, Robin Room
- · Risk Factors for Substance Use: Ethnic Differences Among Adolescents, Ebrahim Maddahian, Michael D. Newcomb, and P.M. Bentler
- · Processes of Change in Heavy and Light Smokers, Joseph R. Rossi, James O. Prochaska, and Carlo C. DiClemente
- Biopsychosocial Discriminators of Alcoholic and Nonalcoholic Women, Loretta Y. Silvia, Gwendolyn T. Sorrell, and Nancy A. Busch-Rossnagel
- The Effect of Two Nutritional Software Programs Used as Adjuncts to the Behavioral Treatment of Obesity, Janice L. DeLucia, Cynthia R. Kalodner, and John J. Horan

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> Medical Director Search N.C. Medical Society P.O. Box 27167 Raleigh, N.C. 27611



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Patricia Kassel
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# LETTERS to EDITOR

[We are always delighted to hear from AMSAODD readers. Please write a Letter to the Editor--this is your column!--Editor]

#### Dear Editor:

...also of value to me [regarding AMSAODD's AIDS and Chemical Dependency Forum in Phoenix last Feb. ] was sitting in on some of the [AMSAODD] Board of Directors meeting Sunday. I did not realize how hard these devoted men and women of the board work. They too certainly deserve our gratitude. I would recommend to any of the membership an inside look at this indispensable organization.

A. Carlton Syler, Jr., DO Wichita, KS

#### Dear Editor:

In response to M.M., MD [Letters to Editor, March 1988] I would like to share my own experience of returning to medicine after many years of a full-time mothering career. I started a fellowship in alcoholism and subsequent psychiatric residency at age 45, and am now a program director.

The conflicts for women between personal and professional roles are unending and there are no easy solutions. Contacts with other women physicians have been helpful for me. . . .

Valery Yandow, MD, Brattleboro, VT

#### Dear Editor:

Will you please tell "them what counts" how much I enjoy the AMSAODD newsletter? You do a great job, and I "preachiate" ya.

George Mackey Grimball, MD Greenville, SC

#### Dear Editor:

I am a new member of AMSAODD and have just received a copy of the newsletter.

...another society to establish contact with is the American Academy of Clinical Toxicology which has an interest subsection of substance abuse...

> Michael A. McGuigan, MD Toronto, Ontario, Canada

#### Dear Editor:

Increasing concern regarding use of tobacco in hospitals and specialty treatment programs is obvious by the entries in the newsletter and presentations at the recent AMSAODD conference in Washington, DC.

In my own personal experience and observation of people entering stop-smoking programs, it appears that there may be significant difference in the type and severity of "withdrawal" experienced by persons recovering from other addictive diseases as opposed to those who are not. The level of discomfort and symptomatology of the former group appears to be considerably greater. This raises the question of different physiologic and neurochemical imbalance.

Relapse into the primary drug of choice has occurred among recovering people enrolled in such programs. Therefore, I sincerely hope that committees studying smoke-free treatment programs, etc., will proceed with great caution, carefully investigating the wisdom of stopping the use of tobacco at the same time as the patient is trying to recover from a primary drug of dependence.

Obviously, a smoke-free environment and smokefree individuals are desirable goals. It would be unfortunate, however, to rush into such an intellectually desirable goal in a rehabilitation program, only to the destruction of the patient's recovery from other primary drugs of dependence.

> James Massman, MD Amsterdam, NY

# Vikki Fox

### 1922-1988

Vernelle Fox, MD, of Pomona, California, died May 21 of post-operative complications after hip surgery. Dr. Fox had suffered a stroke in 1982 while lecturing in Rancho Mirage. She lived at her home in Pomona with her nonagenarian mother, another stroke victim who died three weeks before Dr. Fox.

A 1950s pioneer in alcoholism treatment, Dr. Fox practiced in Atlanta, and in Long Beach and Pomona.

AMSAODD gave her its Annual Award in 1982. In 1983, the California Society for the Treatment of Alcoholism & Other Drug Dependencies established the annual Vernelle Fox Award to recognize "noteworthy contributions to the field." Dr. Fox is the "model against which all future recipients of the award will be measured." This year's award went to Jess W. Bromley, MD, secretary of AMSAODD, and the first AMSAODD delegate to the AMA (see p. 1).

# AMSAODD CALENDAR

Meetings sponsored or cosponsored by AMSAODD (onetime listing for co-sponsored conferences).

To assure listing, please send information to editor Lucy Robe.

## • 12th Annual Summer Institute on Alcoholism & Drug Dependence:

Colorado Springs, Aug. 1-5. Institute for Integral Development, PO Box 2172, Colorado Springs, CO 80901.

Phone: (719) 634-7943

## • AMSAODD 1st National Conference on Nicotine Dependence:

Minneapolis, Sept. 22-25. AMSAODD, 6525 West North Ave, Oak Park, IL 60302.

Phone: (312) 848-6050.

• WESCAD/3--3rd Western Conference on Alcoholism & Other Drug Dependence:

Vancouver, B.C., Oct. 5-8. Wescad Management, 3019 Point Grey Rd, Vancouver, BC, Canada, V6K 1A7.

Phone: 1 (604) 734-5333.

 Spirituality in Recovery from Addiction, Compulsion & Attachments: Cumberland, RI, Oct. 22-23. Speaker Charles L. Whitfield, MD.

> Contact Nancy Brown, RN, Phone: (401) 769-6464

AMSAODD Region 3 (N.E.)
 2nd Annual Meeting, Andover,
 MA, Nov. 12.

Allen W. Graham, MD, Hospital Drive, St. Johnsbury, VT 05819

Phone: (802) 748-2321

AMSAODD Review Course:

New Orleans, Oct. 6-8 Chicago, Nov. 3-5 New York City, Nov. 10-12 Los Angeles, Oct. 20-22 AMSAODD, 12 W. 21st St, New York, NY 10010.

Phone: (212) 206-6770
For L.A. course, contact:
California Society for the
Treatment of Alcoholism & Other
Drug Dependencies, Ste 2, 3803
Broadway, Oakland, CA 94611
Phone: (415) 428-9091

• AMSAODD Certification Exam:

Dec. 17, 1988

 New Orleans, Chicago, New York, Los Angeles.

Reminder: No 1989 Exam
•Next AMSAODD Board
Meeting:

Chicago, Nov. 6

AMSAODD's 3rd Annual
 Forum on AIDS and Chemical
 Dependency:

Miami, Feb. 2-4, 1989 Conference Information (AIDS), PO Box 81691, Atlanta, GA 30366. Phone: (404) 458-3382

• 1989 AMSAODD Medical-Scientific Conference (also the NCA Forum)

Atlanta, Apr. 27-30, 1989.

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