



American Medical Society on Alcoholism & Other Drug Dependencies, inc.

NEWSLETTER

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President's Message

My first action as new president of AMSAODD: my warmest congratulations to all members who passed the certification exam and are thus "certified."

My second: heartfelt thanks to all who labored hard, creatively and long, without payment and at considerable expense in time and money, to bring about the beginning of the realization of this very old dream: that a high standard of compassion and knowledge be established for physicians who care for patients suffering from alcoholism and other drug dependencies.

Our goal: that all persons with these disorders receive superb care.

I am tired of horror stories, often sadly true, of unthinkable medical mismanagement of alcoholics and other drug dependents.

Although compassion is difficult to test for, we have done our level best to establish a preliminary way for our members to test themselves for knowledge.

Particular thanks to Tony Radcliffe and Gail Jara--without whose skill, experience, and really astonishing dedication to getting the job done, whatever it took--no such test could have been developed; to Marc Galanter, who shepherded the process of developing standards for sitting for the exam and the enormous labor of reviewing the hundreds of applications; to all the other certification committee members; and to the support staff in New York: Claire Osman, Eshel Kreiter, and Judith Arthur.

In a larger context, I would like to thank Max Schneider for his extraordinary job as president. I am inheriting an organization that he guided through a phase of extremely rapid growth. During his tenure, membership exploded to nearly 2800, the certification process was implemented for the first time, and he established many new committees such as AIDS, budget & finance, trauma, and others.

During my term, I want to capitalize on this explosive growth and energy, to give the organization time to consolidate, stabilize and mature into its new identity. I particularly look forward to working with Manny Steindler, the new executive director, who will make my job as president possible. And I want to welcome all the new members. Please come to meetings, join or form committees. You are the life of this organization.

Margaret Bean-Bayog, MD

New AMSAODD Officers (1987-89):

President: Margaret Bean-Bayog, MD - Cambridge, MA
 Immediate-Past-President: Max A. Schneider, MD - Santa Ana, CA (Pres. 1985-87)
 President-Elect: Jasper Chen See, MD - Reading, PA (Pres. 1989-91)
 Secretary: Jess W. Bromley, MD - Hayward, CA
 Treasurer: William Hawthorne, MD - Arlington, MA

Newly Elected to Board (1987-91): David Mee-Lee, MD - Marblehead, MA
 Charles L. Whitfield, MD - Baltimore

Re-Elected to Board (1987-91): Drs. Sheila B. Blume, Amityville, NY; Sandra Jo Counts, Seattle; Jean L. Forest, Malvern, PA; Anne Geller, New York City; Roland E. Herrington, Wauwatosa, WI; G. Douglas Talbott, Atlanta.

Newly Elected to Executive Committee: Drs. Geller and Counts; Anthony B. Radcliffe, Fontana, CA; Joseph C. MacMillan, Agincourt, Ontario. Executive Committee also includes the five new officers listed above.

Newly Elected Directors-At-Large: (1987-91) Drs. Blume, Geller, Talbott, and Whitfield.

Drs. Marc Galanter, Stanley E. Gitlow, and David E. Smith will continue to serve until 1989.

AMSAODD Newsletter - Advertising

Ad rates begin at \$50

For information call editor Lucy Robe on Long Island: (516) 367-6692

or Hermese Bryant, AMSAODD Chicago: (312) 848-6050

July issue ad deadline: July 14

Newsletter published July, September, November, January, March, May

MEDICAL DIRECTOR CHEMICAL DEPENDENCY CENTER

Saint John's Hospital and Health Center in Santa Monica, California, is seeking a full-time Medical Director to oversee our existing 32-bed treatment program, while also assisting in the development of an 60-bed freestanding facility to be located in a beautiful retreat-like setting.

Responsibilities involve developing, implementing and monitoring the Center's quality assurance guidelines. You will also review all drug therapy, participate on interdisciplinary treatment teams, and assist in the development of freestanding program components.

The successful candidate will be a published, highly respected professional within the CD treatment field. Requires at least 5 years experience as Medical Director of an established CD program, or 10 years CD program experience. Recovering individual preferred. Must be licensed or eligible for California Board Certification.

Saint John's offers a professional environment conducive to career growth. For immediate consideration, **call collect** or send resume to: Dick Gunn, Saint John's Hospital and Health Center, 1328 Twenty-Second Street, Santa Monica, CA 90404. (213) 829-8219. An Equal Opportunity Employer.

DOING THINGS RIGHT AT  SAINT JOHN'S HOSPITAL
AND HEALTH CENTER

The board met twice in Cleveland, April 22 and 25.

Certification: (Margaret Bean-Bayog, MD; new chair Anthony B. Radcliffe, MD)
Over 700 physicians applied by Mar. 15 deadline to take the 1987 AMSAODD

certification exam on Dec. 5.

Credentialing Subcommittee: (Marc Galanter, MD) Due to the number of requests for more time to apply for certification before the requirements include completing an approved residency training program, the AMSAODD board decided that requirements to sit for the 1988 exam (date to be announced) will be exactly the same as for the 1987 exam:

- 1) AMSAODD member in good standing.
- 2) Current MD or DO license in good standing.
- 3) Letters demonstrating good standing in local professional community.
- 4) Successfully completed approved residency program OR certified by a specialty organization recognized by the ABMS (American Board of Medical Specialties), OR completed five years full-time equivalent (FTE) in clinical practice of medicine.
- 5) Completed one year full-time equivalent (FTE) involvement in alcoholism and/or drug dependency.

After 1988 exam, requirements to sit for exams will be more stringent.

NO AMSAODD CERTIFICATION EXAM in 1989.

Certification Terminology: (recommended by the board)

For c.v.'s:

"Certified in alcoholism and other drug dependencies through examination by the American Medical Society on Alcoholism and Other Drug Dependencies"
(physician adds individual date and certificate number).

Official explanation of certification:

"AMSAODD certification signifies that the recipient is knowledgeable and expert in the field of alcoholism and other drug dependencies as demonstrated by successful completion of a written examination."

"Certified members are those certified by AMSAODD as knowledgeable and expert in the field of alcoholism and other drug dependencies."

Exam Subcommittee: (Anthony B. Radcliffe, MD) Tracy Veach, EdD, and John Chappel, MD, of the University of Nevada School of Medicine, to develop 1988 exam.

RFP (Request for Proposal) for developing 1990 exam to be announced Fall 1987, will include requirement to develop a recertification procedure under AMSAODD's direction. Contract to be awarded spring 1988.

Joint task force (from exam and credentialing subcommittees) to study recertification and make recommendations to AMSAODD executive committee before its July meeting.

Recertification will be on September board agenda.

Publications: (Stanley E. Gitlow, MD) AMSAODD will relinquish its rights in Alcoholism: Clinical and Experimental Research to the Research Society on Alcoholism (RSA) if RSA finds a partner/publisher for this 'blue' journal. AMSAODD to have first refusal should RSA ever wish to sell.

AMSAODD members ordered about \$50,000 worth of subscriptions at reduced rates to 12 different publications when they paid 1987 dues. Five journals gained from 140 to 235 subscriptions each (179 ordered the 'blue' journal). Several publishers expressed appreciation for this "bonanza" of subscriptions. It will take a year or two to determine which journals most interest AMSAODD members.

Since beginning publication in Nov. 1985, AMSAODD Newsletter has more than doubled its pagination and increased circulation by 50%, with a gradual decline in net cost.

AIDS and Chemical Dependency: (Larry Siegel, MD) AMSAODD booklet "Guidelines for Facilities Treating Chemically Dependent Patients at Risk For AIDS or Infected by HIV Virus" just published. Prepared by this committee, edited by Milan Korcok, includes resources. Copies are free: contact the New York office.

2nd AMSAODD AIDS and CD national conference to be in Feb. 1988. Lori D. Karan, MD, to co-chair with Dr. Siegel. Members are encouraged to sponsor regional mini-conferences on AIDS, to complement national conference. CME credits for these available through AMSAODD.

Medical Education: (James A. Halikas, MD) AMSAODD sponsored or co-sponsored 16 meetings Jan.-May, 1987. When AMSAODD sponsors a national meeting, it cannot co-sponsor another meeting at the same time, but can co-sponsor concurrent regional meetings.

Public Policy: (Sheila B. Blume, MD) Board approved two new statements: "Policy Recommendations on Highway Safety in Relation to Alcoholism and Other Drug Dependencies," which includes the recommendation that a BAC of .05% and above be illegal for driving, and "Policy Statement on Marijuana". Both are available from the New York office.

Next board meeting: Sunday, Sept. 20, in New Orleans.

In Memoriam

Rev. Michael R. Peterson, MD, 44, of AIDS in April. Psychiatrist, priest, long-time AMSAODD member, in 1977 he founded Saint Luke Institute, drug and alcohol rehabilitation center for clergy and religious women, in Suitland, MD.

Dr. Peterson was the first Washington-area priest whose death was publicly attributed to acquired immune deficiency syndrome. According to the New York Times, he wrote letters to every Catholic bishop in the U.S. last March, saying, "I hope that in my own struggle with this disease, in finally acknowledging that I have this lethal syndrome, there might come some measure of compassion, understanding and healing for me and for others with it - especially those who face this disease alone and in fear."

Happy birthday to Ruth Fox, MD, who turns 92 on June 22. Founder and first president of AMSAODD, the annual Ruth Fox Course for Physicians is named for her. Dr. Fox became interested in alcoholism when she discovered that conventional psychoanalytic approaches failed with her alcoholic patients. Before such practice become routine, she told them that alcoholism is a disease, recommended AA, and prescribed Antabuse which she herself brought over from Denmark.

Her daughter says that Dr. Fox is resting comfortably in a Washington, DC, nursing home....

CHEMICAL DEPENDENCY Southwest Missouri

THE POSITION: A full-time salaried position as Medical Director of a 34-bed Chemical Dependency program. This program has an average census of 25 adults and adolescents, and follows a multidisciplinary team approach to treatment with the physician providing the medical expertise. Preferred candidate should be BE/BC in primary care specialty with interest and/or experience in chemical dependency. The work hours are flexible depending on the census. Backup coverage will be provided by two emergency medicine physicians.

THE HOSPITAL: The progressive 158 bed regional hospital has the only chemical dependency program in a service area of 90,000. The facility contains a diabetes clinic, a new two tier emergency medicine program, and several satellite clinics in the three state region. It has 140 physicians on staff representing most medical and surgical specialties.

THE COMMUNITY: Located in the southwest corner of Missouri, this college town of 40,000 offers many recreational and educational opportunities. It offers an organized sports program for youth and adults. The numerous state parks provide excellent fishing, hunting, and caving. The school system is excellent and both colleges in town are highly rated. Tulsa, Oklahoma is within a two hour drive and Kansas City is within three hours.

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S & W Texas. Peter McLees,
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Must be familiar with EAP &
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Donald Manning, MD,
Vice-Chairman,
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Emory University, PO Box AF
Atlanta, GA 30322 AA/EOE

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Addictive Disease Medical Consultants, SC,
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Contact: Dr. Jeffrey Lenow

PO Box 597, Quakertown, PA 18951

Call: (215) 536-9070

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Full-time physician needed to run a busy substance abuse detoxification/evaluation unit. BC Internist preferable although physicians with experience in substance abuse treatment and AMSAODD certification may also apply. Position available immediately. Please send CV to Dr. Vanaja Ragavan, Acting Chief, Medical Service, VA Medical Center, Coatesville, PA 19320.

Or call the above named at 215-383-0205. EEO EMPLOYER.

Positions Available

The American Psychiatric Association's Psychiatric Placent Service has been contacted by several employers seeking CD specialists to join their group or facility. If you would like to confidentially learn more about these attractive opportunities, please contact Maureen Corrigan at 202-682-6108 or write her at APA, 1400 K St, NW, Washington, DC 20005. No obligation; need not be psychiatrist to inquire.

MEDICAL DIRECTORS/STAFF PSYCHIATRISTS/PRIMARY CARE PHYS.:

StarMed Staffing Corporation offers ongoing opportunities nationwide with psychiatric and chemical dependency facilities. Our 10 years of expertise in the behavioral health field will enhance your success in locating the best opportunity. Send CV to: Joyce Adams, Director, Behavioral Health Division, StarMed Staffing Corp, 3421 W. Cypress, Tampa, FL 33607, or call 1-800-STARMED. No fee or obligat.

Excellent opportunity for full time medical director of 40-bed alcohol/drug detox unit in 300-bed acute care community hospital; 90 miles west of New York City. Physician will assume complete responsibility for medical management of patients on detox program and will work with detox physician for total care of patient. Board Certified Internal Medicine. Interest in and knowledge of addiction required. Experience with detox prog. desirable. Environment is ideal for 4-season living with outstanding school system. Excellent salary. Write:

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AMSAODD Annual Meeting:

The AMSAODD awards luncheon in Cleveland April 25 featured an historic event: a ceremony awarding certificates in person to some 200 of the first members to be certified by the medical society. (See photo at right)

They had passed the initial AMSAODD certification examination, given in October 1986; or they were certified through having previously passed a similar examination offered by the California Society for the Treatment of Alcoholism and Other Drug Dependencies; or they served on the committee that supervised AMSAODD's exam.

The certificate states:

"The American Medical Society on Alcoholism and Other Drug Dependencies declares that (Name) MD, has passed a certification examination and thus has demonstrated knowledge and expertise in alcoholism and other drug dependencies commensurate with the standards set forth by the society."

Outgoing president Max A. Schneider, MD, (photo at right) and new certification committee chair Anthony B. Radcliffe, MD, awarded certificates individually at the ceremony.

Two pioneers in fetal alcohol syndrome research shared AMSAODD's 1987 award for advancing knowledge in the field of chemical dependence: Ruth E. Little, ScD, and Ann P. Streissguth, PhD. Both are with the University of Washington in Seattle. Their research (much with physicians) and public information efforts about FAS span nearly 15 years and include numerous scientific articles. The award drew advance attention to National FAS Awareness Week May 10-17.

Also honored: retiring AMSAODD board member and past president Maxwell N. Weisman, MD, of Baltimore. He organized and directed for eight years the Ruth Fox Course for Physicians, held annually in conjunction with AMSAODD's Medical-Scientific Conference.

Awards were presented by Sheila B. Blume, MD, former AMSAODD president (in photo at right with Dr. Weisman and Dr. Schneider).



Over 600 registered for AMSAODD's 18th Annual Medical-Scientific Conference April 23-26 in Cleveland. Seven of the nine workshops and courses were sold out. General sessions included Federal perspectives on CD, urine testing, research issues in adolescent CD, moderate drinking and health, functional impairments associated with drug abuse, experts treat the alcoholic, alcohol and the GI tract, and an NIAAA (ARUS) symposium on recent developments in neuroscience for the clinician. Program director was Marc Galanter, MD.

The Ruth Fox Course for Physicians drew its largest crowd to date April 23: over 300. Twelve presentations included such variegated topics as smoking; brain chemistry; ethics in EAPs; AIDS; and alcoholism among Jews, airline pilots, gays and lesbians.

CD Fellowships: James Halikas, MD, who chairs AMSAODD's medical education committee, held an information workshop on chemical dependency fellowships April 24. About 75 heard Drs. Halikas of Minneapolis; Al J. Mooney III of Statesboro, GA; Craig T. Pratt of Milwaukee; David E. Smith of San Francisco; Roland E. Herrington of Wauwatosa, WI; and others, describe their diverse fellowship programs.

The New York office has a list of some 16 CD fellowships that have registered with AMSAODD. Although as yet AMSAODD has no requirements, the society's suggested guidelines for CD fellowships are in Alcoholism: Clinical and Experimental Research, Vol. 9, No. 5, Sept.-Oct. 1985.

Also taking place at the Stouffer Inn on the Square was the National Council on Alcoholism's Annual Forum with the theme "Alcohol and Sports."

Next year's Medical-Scientific Conference, AMSAODD Annual Meeting, and the NCA Forum will be in Washington, DC (Hyatt Regency Hotel, Crystal City), April 22-24, 1988. The Ruth Fox Course will be April 21.

La Differance

Co-Starring Famous Women and Alcohol

by Lucy Barry Robe

Forewords by LeClair Bissell, MD, and Stanley E. Gitlow, MD

To "para" a well-worn phrase, when it comes to alcoholism "the bigger they are the easier they fool"--themselves as well as others. Our Newsletter editor, Lucy Barry Robe, brings home this point dramatically in her recently published book on 200 female celebrities.

Denial runs high among and toward these famous public figures, mainly entertainers and writers. It is grounded in the myth that nice women don't get drunk. It is bolstered by fandom's reluctance to see flaws in its idols. It is fed, on the drinker's side, by the perception that she has achieved renown in spite of alcohol. A considerable number of the women in this book died without being accurately identified as alcoholics by self or by others. Innovatively, Robe uses information from media reports and published biographies to take the MAST on behalf of these women and to make the diagnosis post mortem.

A particularly disquieting section details the failure of the medical profession, along with other segments of society, to intervene successfully. Time and again, diagnosis came too late or not at all. Physicians, too, can be blinded by starlight. And perhaps physicians are not as alert as they should be to the fact that women, whatever their station or prominence, are likely to be different from men in their relation to the drug, alcohol. Is it not appropriate, as this month of Fetal Alcohol Syndrome Awareness draws to a close, to resolve to keep such differences well in mind as we pursue our educational, treatment, research and outreach efforts during the rest of the year?

--E. M. Steindler

[CompCare Publications (Minneapolis) 1986, 537 pp., photos]

Medical Director
Addictions Treatment Program

The Wyman Park Medical Center, a member of the Johns Hopkins Health System, is seeking a dynamic physician experienced in the field of alcohol and drug dependence. This position provides medical and programmatic direction to the Wyman Park Recovery Center which includes a 25 bed residential recovery unit, a growing outpatient program and an inpatient detoxification service. Our program is based on a medically oriented Twelve Step Recovery philosophy. Wyman Park is a comprehensive managed health care delivery with a multispeciality group practice providing all medical/surgical speciality services, ambulatory surgery, psychiatry, rehabilitation and urgent care. Opportunities for academic appointment are available through the Johns Hopkins Health System.

Reply to:

Patrick A. Mattingly, M.D.
President
The Wyman Park Medical Center
3100 Wyman Park Drive
Baltimore, MD 21211

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MEDICAL DIRECTOR

60 bed alcohol and other drug treatment facility located in the Southeast seeks AMSAODD certification and life experience. Competitive salary and benefit package. Opening late 1987-early 1988. Send CV to:

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MADISON, WISCONSIN 53704



WHEN THE "MERRY-GO-ROUND" ISN'T SO MERRY ANYMORE

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Conifer Park, Scotia, NY (518) 399-6446
Mountain Wood, Charlottesville, VA (804) 971-8245
Spofford Hall, Spofford, NH (603) 363-4545
And opening soon, Cedar Ridge, Shawnee, KS

FUTURE MEETINGS

Sponsored or co-sponsored by AMSAODD (one-time listing for co-sponsored conferences).

To assure listing, please send announcement to Newsletter editor Lucy Robe.

Rutgers Summer School of Alcohol Studies: June 21 - July 10.

Rutgers Center of Alcohol Studies, Education & Training Division, Smithers Hall, New Brunswick, NJ 08903.

Phone: (201) 932-2190.

36th Annual University of Utah School on Alcoholism & Other Drug Dependencies --Physicians Section: Salt Lake City, June 21-26.

James Swenson, MD, Univ. of Utah, PO Box 2604, Salt Lake City, UT 84110.

Phone: (801) 533-5799.

IDAA: 1987 International Doctors in Alcoholics Anonymous, Lexington, KY, July 29-Aug. 2.

Luke Reed, 1950 Volney Rd, Youngston, OH 44511.

Phone: (216) 782-6216.

7 CME's for Scientific Program July 30.

Connie Hyde, IDAA
Convention, PO Box 23040,
Lexington, KY 40502.

AMSAODD Review Course:

New Orleans: Sept. 17-19

Chicago: Oct. 8-10

San Francisco: Oct. 22-24

Washington, DC: Nov. 5-7

AMSAODD Certification

Exam: Saturday, Dec. 5,
1987.

Same 4 sites as above.

AMSAODD, 12 W. 21 St, New
York, NY 10010

Phone: (212) 206-6770.

NEW BOOKS

To assure listing, please send announcements of new books by AMSAODD members to Newsletter editor Lucy Robe.

AMSAODD: "Guidelines for Facilities Treating Chemically Dependent Patients At Risk For AIDS Or Infected by HIV Virus" (Available free from AMSAODD New York office)

Mark S. Gold, MD, Marc Galanter, MD, and Barry Stimmel, MD, eds: "Cocaine - Pharmacology, Addiction, and Therapy" (Haworth Press)

L. Ann Mueller, MD and Katherine Ketcham: "Recovering: How to Get and Stay Sober" (Bantam Books)

Caitlin Ryan, MSW, and Mel Pohl, MD: "Protocol for AIDS Education and Risk Reduction Counseling in Chemical Dependency Treatment Settings" (ARC Research Foundation, Waltham, MA)

Anthony Radcliffe, MD, Peter Rush, PharmD, Carol Forrer Sites, PharmD, Joe Cruse, MD: "The Pharmar's Almanac - Pharmacology of Drugs" (MAC: Medical Administration Co, Denver)

Peter D. Rogers, MD: "Adolescent Chemical Dependency" (W. B. Saunders)

Richard B. Seymour, MA and David E. Smith, MD: "The Physician's Guide to Psychoactive Drugs" (Haworth Press)

NEW NEWSLETTER

Addictions Alert--David E. Smith, MD, ed. Monthly, clinical orientation. (American Health Consultants, Atlanta, GA)



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